

Cock Howe and Beyond

Dave Parry/Lets Run Summer Series 2025

16-Jul-25
Race 6

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	344	Sam Leadley	Loftus & Whitby AC	00:43:54	MO/1/50/95*
2	305	Andrew Armin	Saltwell Harriers	00:44:24	MO/2/48/280
3	352	George Langford	Chorlton Runners	00:45:40	MO/3/46/88
4	359	Andrew Prowse	Individual#	00:47:07	MO/4/45/45
5	802	Adrian Bushby	City of Hull AC	00:47:17	M55/1/50/250
6	502	Peter Walker	York Knavesmire Ha	00:47:35	M40/1/50/192
7	300	Robbie Preston	Individual#	00:47:45	MO/5/44/127
8	808	Dave Smith	Pickering Running Cl	00:48:24	M55/2/48/142
9	505	Adam Hartley	York Acorn Running	00:48:35	M40/2/48/48
10	516	Michael Shaw	York Knavesmire Ha	00:48:37	M40/3/46/139
11	524	Paul Walley	Individual#	00:48:44	M40/4/45/45
12	303	Thomas Ratcliffe	York Knavesmire Ha	00:49:00	MO/6/43/219
13	604	Reiner Hesse	Loftus & Whitby AC	00:49:04	M45/1/50/194
14	520	Jonathan Abel	Individual#	00:49:08	M40/5/44/44
15	358	Harrison Munsch	Esk Valley Fell Club	00:49:14	MO/7/42/42
16	510	Michael Grimwood	York Acorn Running	00:49:23	M40/6/43/136
17	817	Simon Donoghue	York Knavesmire Ha	00:50:07	M55/3/46/139
18	500	Richard Purser	York Knavesmire Ha	00:50:50	M40/7/42/188
19	346	Lewis Hutchinson	York Acorn Running	00:51:23	MO/8/41/76
20	345	Duncan Allen	Individual#	00:51:32	MO/9/40/77
21	355	William Chandler	University of Manche	00:51:34	MU23/1/50/50
22	607	Damian Kilpin	Penistone Footpath F	00:51:54	M45/2/48/144*
23	521	Matt Kiddle	York Acorn Running	00:52:05	M40/8/41/41
24	708	Chris Jefferies	Billingham Running C	00:52:31	M50/1/50/185
25	312	Jonathan Burt	Bedale & Aiskew Rur	00:52:39	MO/10/39/205
26	907	David Hughes	North York Moors AC	00:52:42	M60/1/50/244
27	318	Joshua Goldsbrough	North York Moors AC	00:52:47	MO/11/38/80
28	641	Mike Quinn	Esk Valley Fell Club	00:53:35	M45/3/46/137*
29	702	Calvin Nicholson	Billingham Running C	00:53:36	M50/2/48/171
30	715	Dez Fielden	Aycliffe Running Clut	00:53:40	M50/3/46/88
31	108	Natalie Greaves	York Knavesmire Ha	00:54:16	F40/1/50/144
32	803	Angus Sanderson	North York Moors AC	00:54:18	M55/4/45/178
33	700	Justin Waring	Loftus & Whitby AC	00:54:20	M50/4/45/173
34	522	Oliver Birkill	Individual#	00:54:34	M40/9/40/40
35	621	James Loftus	Pickering Running Cl	00:55:34	M45/4/45/87
36	400	Paddy Wordsworth	York Knavesmire Ha	00:55:39	MO/12/37/37
37	707	Benjamin Whitworth	Loftus & Whitby AC	00:55:51	M50/5/44/264
38	904	David Allison	North York Moors AC	00:55:56	M60/2/48/235
39	14	Maria Clemmit	North York Moors AC	00:56:12	FO/1/50/98
40	315	Tom Hustwitt	Esk Valley Fell Club	00:56:21	MO/13/36/103
41	360	James Mullholland	Individual#	00:57:07	MU23/2/48/48
42	957	Neil Rip Ridsdale	Esk Valley Fell Club	00:57:24	M65/1/50/250*
43	714	Phil Baines	Esk Valley Fell Club	00:58:32	M50/6/43/165
44	810	David Sanderson	Individual#	00:58:49	M55/5/44/173*
45	900	Graham Palmer	Loftus & Whitby AC	00:59:22	M60/3/46/270
46	716	David Bannister	York Acorn Running	00:59:30	M50/7/42/122
47	362	Will Pritchard	York Knavesmire Ha	01:00:21	MO/14/35/35
48	800	Peter Walsh	Loftus & Whitby AC	01:00:21	M55/6/43/129
49	722	Ian Puckrin	Eborienteers	01:01:01	M50/8/41/41
50	4	Tabitha McNicholas	North York Moors AC	01:01:26	FO/2/48/135
51	613	Andrew Davies	Billingham Running C	01:01:30	M45/5/44/84
52	909	Paul Havis	Individual#	01:01:32	M60/4/45/126
53	965	Mike Wilson	Pickering Running Cl	01:02:11	M65/2/48/48
54	622	Matthew Heron	Aycliffe Running Clut	01:02:16	M45/6/43/43
55	102	Abigail Carter	St Theresa's AC	01:02:35	F40/2/48/237

56	958	Paul Smith	Pickering Running Cl	01:03:00	M65/3/46/188
57	820	Greg Proll	North York Moors AC	01:03:14	M55/7/42/85
58	612	Richard Holland	Aycliffe Running Clut	01:03:15	M45/7/42/81
59	609	Paul Chapman	Thirsk & Sowerby Ha	01:03:18	M45/8/41/123
60	723	Alan Wasson	Individual#	01:03:19	M50/9/40/40
61	166	Shelli Gordon	North York Moors AC	01:03:19	F45/1/50/50*
62	901	Anthony Harnett	North York Moors AC	01:03:22	M60/5/44/214
63	211	Louise Mayfield	Thirsk & Sowerby Ha	01:03:39	F50/1/50/100
64	209	Orna O'Toole	York Knavesmire Ha	01:03:45	F50/2/48/96
65	964	Gary Bastow	Thirsk & Sowerby Ha	01:04:05	M65/4/45/45
66	361	Connor Cass	Esk Valley Fell Club	01:04:16	MO/15/34/34
67	279	Lorraine Hiles	Thirsk & Sowerby Ha	01:04:51	F60/1/50/100
68	204	Catherine Shutt	North York Moors AC	01:04:52	F50/3/46/196
69	925	Stephen Carter	Esk Valley Fell Club	01:04:53	M60/6/43/43
70	815	Richard Johnson	Pickering Running Cl	01:04:58	M55/8/41/84
71	110	Abi Tarran-Jones	Individual#	01:05:44	F40/3/46/46
72	619	Nigel Dove	Individual#	01:05:46	M45/9/40/79
73	605	Kevin Rudd	Loftus & Whitby AC	01:06:28	M45/10/39/207*
74	251	Nicola Thorpe	Pickering Running Cl	01:06:34	F55/1/50/289
75	201	Lucy Saggars	Pickering Running Cl	01:06:48	F50/4/45/187
76	165	Helen Spring	Easingwold Running	01:07:01	F45/2/48/93
77	30	Sarah Roe	Billingham Running C	01:07:27	FO/3/46/46
78	511	Jon Spry	Individual#	01:07:28	M40/10/39/121
79	155	Lynn Humpleby	Pickering Running Cl	01:07:30	F45/3/46/227
80	610	Richard Robinson	Pickering Running Cl	01:08:18	M45/11/38/83
81	525	Tim Egerton	York Acorn Running	01:08:19	M40/11/38/38
82	156	Sarah Hudson	Loftus & Whitby AC	01:08:59	F45/4/45/183
83	953	Mark Edwards	North York Moors AC	01:09:07	M65/5/44/265
84	720	Paul Ritchie	York Knavesmire Ha	01:10:02	M50/10/39/79
85	917	Nicholas Cousins	Pickering Running Cl	01:10:16	M60/7/42/123
86	154	Alice Hayter	Pickering Running Cl	01:10:21	F45/5/44/139
87	955	Stephen Haley	Individual#	01:10:53	M65/6/43/177
88	277	Hilary Allan	Esk Valley Fell Club	01:13:00	F60/2/48/196
89	29	Rebecca Holloway	Individual#	01:13:26	FO/4/45/45
90	254	Diane Jobson	North York Moors AC	01:14:20	F55/2/48/139
91	31	Robyn Watson	Individual#	01:14:21	FO/5/44/44
92	5	Kelly Grieve	Thirsk & Sowerby Ha	01:17:16	FO/6/43/87
93	986	Geoffrey Usher	Individual#	01:19:21	M70/1/50/98
94	151	Lucy Sillars	Thirsk & Sowerby Ha	01:19:22	F45/6/43/216
95	924	Paul Cutler	Individual#	01:19:23	M60/8/41/41
96	829	Nick Cook	Individual#	01:21:23	M55/9/40/40
97	356	Benjamin Holt	Individual#	01:25:03	MU23/3/46/46
98	207	Serena Partridge	Pickering Running Cl	01:25:45	F50/5/44/133
99	706	Vaughn Davies	Esk Valley Fell Club	01:25:51	M50/11/38/116
100	903	Ian Robinson	Esk Valley Fell Club	01:25:52	M60/9/40/192
101	988	Malcolm Peggs	Loftus & Whitby AC	01:32:06	M70/2/48/48*

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 York Knavesmire Harrier	45	6,10,12,17	15/88
	2 York Acorn Running Clut	67	9,16,19,23	14/24
	3 Loftus & Whitby AC 'A'	82	1,13,32,36	13/79
	4 North York Moors AC 'A'	121	26,27,31,37	12/68
	5 Esk Valley Fell Club 'A'	121	15,28,38,40	11/67
	6 Pickering Running Club '	144	8,34,50,52	10/27
	7 York Knavesmire Harrier	166	18,35,45,68	9/30
	8 Loftus & Whitby AC 'B'	229	43,46,63,77	8/20
	9 Esk Valley Fell Club 'B'	235	41,59,60,75	7/39

female:	1	North York Moors AC 'A	10	2,3,5	15/75
	2	York Knavesmire Harrier	33	1,7,(25)	14/37
	3	Thirsk & Sowerby Harrier	36	6,8,22	13/80
	4	Pickering Running Club	38	11,12,15	12/73
	5	North York Moors AC 'B	54	9,20,(25)	11/21
	6	Pickering Running Club	66	17,24,(25)	10/22

* = Bonus points not included

= Non-counter (team)

Comments:

Cock Howe and Beyond Fell Race, the sixth counter in this summer's Dave Parry Lets Run Fell Race Series. Roll back 24 hours to Tuesday night, the Esk Valley Fell Club training night coincided with a recce of the fell race course, the late afternoon intermittent showers and sunny intervals, became slate grey skies resulting in torrential downpours, with the heaviest rain reserved for the canter down the hill from the Cock Howe Cairn to the Village Hall. The mugginess remained so runners were drenched inside and out. Come race night the skies had cleared and the fell race was held in warm bright conditions. The course held up underfoot so not too much slipping and sliding.

York Knavesmire Harriers were in charge for the night, with Giles Hawking the designated Race Organiser, supported by club mates and the wider fell community, thank you to everyone who helped.

After a busy registration, 101 runners toed the line in the Village Hall car park, for the traditional lap of the tarmac before heading off upon to the hill and the first climb up to the Cock Howe Cairn.

It was Sam Leadley who emerged first on the finish straight in a time just under 44 minutes, the male senior from Loftus and Whitby AC, had a successful return from time out due to injury. Closely following Sam was Andrew Armin (MSEN) Saltwell Harriers continuing his good form and not unduly hampered by his run the previous night at the Chapelfell Top Fell Race, at Saint John's Chapel in County Durham where he placed third. George Langford (MSEN) Chorlton Runners placed third with Andrew Prowse (MSEN) Individual fourth and first veteran Adrian Bushby (M55) in fifth.

Further back, David Hughes (M60) North York Moors AC claimed a category win in 26th overall. The lanterne Rouge was Malcolm Peggs (M70) Loftus and Whitby, who also received a booklet from the North York Moors National Park Association, a voluntary body who support the wellbeing of the National Park.

First woman home was Natalie Greaves (F40) of organising club York Knavesmire Harriers, with in second place Maria Clemmit (FSEN) North York Moors AC, who led home the women's team winners, supported by third placed Tabitha McNicholas (FSEN) and returning from injury time out, fifth placed Shelli Gordon (F45). Completing the top five positions, Abigail Carter (F40) St Theresa's AC placed fourth. First F60 Lorraine Hiles Thirsk and Sowery Harriers claimed a creditable eighth and first in her age category.

Not forgetting the mens team competition, it was York Knavesmire Harriers who won out over their City rival Acorn Running Club, with sixth placed Peter Walker (M40) tenth Michael Shaw (M40) 12th Thomas Ratcliffe (MSEN) and 17th Simon Donoghue (M55).

Surplus proceeds from the event of nearly £300, will be donated to the Yorkshire Air Ambulance and Cleveland Mountain Rescue Team.

Next event in the series is the Osmotherley Show Race on Saturday 2nd August, as reminder, helpers please step up if you are available, contact race organiser Shelli Gordon and entry fee to the show of £8 is payable by runners and a modest charge of £2 to enter the race. Prizes will be reduced to first overall and first veteran, male and female and a number of spot prizes.

This is quickly followed by the Ravenscar Rumble Revisited on Wednesday 6th August and completely new event this year the Langdale End Show Fell Race, the course has been tweaked slightly to a race distance/ascent of 11km and 300 metres (or thereabouts) on Sunday 17th August at 13:30hrs. Race map up shortly and help accepted for both races.

Giles Hawking
York Knavesmire Harriers

Next Race : Osmotherley Show

02-Aug-25