

Cod Beck Canter**02-Feb-25****Dave Parry/Lets Run Winter Series 2024-25****Race 8**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	386	Robert Sparkes	Beverley Athletic Clu	68.41	MO/1/50/50
2	324	Stephen McDougall	Middlesbrough and C	73.39	MO/2/48/189
3	537	Daniel Bateson	Scarborough Athletic	73.50	M40/1/50/96
4	536	Hugh Watkin	Ripon Runners	74.26	M40/2/48/98
5	620	Jayson Cavill	Pickering Running Cl	75.42	M45/1/50/146*
6	504	Tim Grimwood	Swaledale Runners	75.58	M40/3/46/194*
7	24	Rose Mather	York Knavesmire Ha	75.59	FO/1/50/150
8	542	Andrew Price	Individual#	76.53	M40/4/45/45
9	352	Stefan McLoughlin	North York Moors AC	77.36	MO/3/46/224
10	370	Kian Stead	Individual#	77.51	MO/4/45/177
11	362	Scott Jowett	Esk Valley Fell Club	78.13	MO/5/44/129
12	333	Paul Lawton	Scarborough Athletic	79.08	MO/6/43/299
13	803	Adrian Bushby	City of Hull AC	79.39	M55/1/50/396
14	777	Matthew Jones	Scarborough Athletic	80.08	M45/2/48/323
15	117	Becky Penty	York Knavesmire Ha	80.12	F40/1/50/50
16	337	Robert Preston	Scarborough Athletic	80.26	MO/7/42/235
17	540	Stephen Tilford	Wakefield Harriers	80.58	M40/5/44/44
18	385	Darren Smith	Pickering Running Cl	81.59	MO/8/41/41
19	810	Stephen Pugh	Esk Valley Fell Club	82.11	M55/2/48/244*
20	383	Dan Molesworth	Knaresborough Strid	82.54	MO/9/40/73
21	109	Rhona Marshall	Scarborough Athletic	83.00	F40/2/48/196
22	338	Andrew Pattinson	York Knavesmire Ha	84.16	MO/10/39/74
23	909	Jim Rogers	City of Hull AC	84.19	M60/1/50/398
24	647	Graeme Watt	Elvet Striders	84.24	M45/3/46/90
25	644	Michael Richmond	Pickering Running Cl	84.32	M45/4/45/123*
26	704	Darren Townsend	Nidd Valley Road Ru	84.55	M50/1/50/142
27	318	Oscar William Fishwick	Individual#	84.56	MU23/1/50/98
28	379	Chris Doble	York Knavesmire Ha	85.05	MO/11/38/73
29	38	Nik Tarrega	Tadcaster harriers	85.18	FO/2/48/48
30	744	Simon Rycroft	Pickering Running Cl	86.11	M50/2/48/137*
31	388	Robert Bozeat	York Knavesmire Ha	86.21	MO/12/37/66
32	347	Will Roberts	York Acorn Running	86.27	MO/13/36/73
33	713	Brendan Anglim	Easingwold Running	86.48	M50/3/46/233
34	391	Will Prichard	York Knavesmire Ha	86.52	MO/14/35/35
35	917	David Hughes	North York Moors AC	86.56	M60/2/48/236
36	314	James Seddon	York Knavesmire Ha	86.58	MO/15/34/176
37	387	Thomas McKenna	York Knavesmire Ha	87.02	MO/16/33/52
38	635	Hem Rana	York Knavesmire Ha	87.09	M45/5/44/84
39	539	Michael Shaw	York Knavesmire Ha	87.22	M40/6/43/84
40	715	Chris Jefferies	Billingham Running C	87.35	M50/4/45/327
41	750	Ian Lowther	North York Moors AC	89.10	M50/5/44/44
42	966	Barry Atkinson	York Knavesmire Ha	89.39	M65/1/50/196
43	330	Peter Boyes	Individual#	89.48	MO/17/32/136
44	806	Martin Lofthouse	Nidd Valley Road Ru	89.54	M55/3/46/137
45	609	Ashley Dodgson	Individual#	90.33	M45/6/43/348
46	953	Neil Rip Ridsdale	Esk Valley Fell Club	90.44	M65/2/48/298*
47	516	Richard Atkins	North York Moors AC	90.47	M40/7/42/177
48	541	David Rodwell	Individual#	91.27	M40/8/41/41
49	535	Nigel Copland	Swaledale Runners	92.31	M40/9/40/40
50	729	Jeff Belt	North York Moors AC	93.32	M50/6/43/87
51	506	Richard Purser	York Knavesmire Ha	93.35	M40/10/39/129
52	7	Kelly Richmond	Pickering Running Cl	93.37	FO/3/46/332*
53	901	Nigel Briggs	North York Moors AC	93.40	M60/3/46/323*
54	17	Kyah Hall	Loftus & Whitby AC	94.08	FO/4/45/263
55	18	Maria Clemmit	North York Moors AC	94.32	FO/5/44/216

56	649	John Collins	Individual#	94.44	M45/7/42/42
57	393	Jonathan Fox	Individual#	94.50	MO/18/31/31
58	834	Angus Sanderson	North York Moors AC	94.52	M55/4/45/134
59	216	Trudy Morrice	Thirsk & Sowerby Ha	95.06	F50/1/50/148*
60	708	Giles Hawking	York Knavesmire Ha	95.12	M50/7/42/179
61	631	Reiner Hesse	Individual#	95.21	M45/8/41/165
62	23	Kirsty Struthers	North York Moors AC	95.27	FO/6/43/272
63	390	Edmund Roberts	York Knavesmire Ha	95.28	MO/19/30/42
64	813	Paul Murgatroyd	South Leeds Lakers	95.34	M55/5/44/90
65	389	Philip Roberts	Individual#	95.37	MO/20/29/43
66	630	Martin Vasey	Middlesbrough and C	95.57	M45/9/40/113
67	935	Graham Kitchen	South Leeds Lakers	96.12	M60/4/45/45
68	752	Andy Harris	Nidd Valley Road Ru	96.31	M50/8/41/41
69	103	Kimberley Cavill	Pickering Running Cl	96.36	F40/3/46/144*
70	900	Matt Rylatt	York Triathlon Club	96.53	M60/5/44/221*
71	828	Dan Rhodes	Durham Fell Runners	97.46	M55/6/43/83
72	36	Kim Wilkinson	Thirsk & Sowerby Ha	97.49	FO/7/42/42
73	116	Amy Sheppard	Nidd Valley Road Ru	97.53	F40/4/45/45
74	722	Alan Simpson	Thirsk & Sowerby Ha	98.00	M50/9/40/194*
75	753	Michael Burnip	Sedgefield Harriers	98.03	M50/10/39/73
76	906	Graham Palmer	Loftus & Whitby AC	98.09	M60/6/43/264
77	648	Brian Hainsworth	Nidd Valley Road Ru	98.09	M45/10/39/39
78	544	Matt Bastefield	Knaresborough Strid	98.11	M40/11/38/38
79	392	Lee Hunt	Individual#	98.32	MO/21/28/28
80	382	James Mulholland	Individual#	98.37	MO/22/27/50
81	615	Robert Allinson	Redcar Running Clu	98.39	M45/11/38/227
82	650	Thomas Jones	Individual#	99.14	M45/12/37/63
83	804	Paul Havis	Individual#	99.55	M55/7/42/321
84	538	Jon Parker	North York Moors AC	100.02	M40/12/37/65
85	39	Sarah Duffy	Esk Valley Fell Club	101.19	FO/8/41/82
86	604	Paul Chapman	Thirsk & Sowerby Ha	101.21	M45/13/36/288
87	814	Brett Edgeworth	Thirsk & Sowerby Ha	101.57	M55/8/41/165
88	712	Phil Ventress	Nidd Valley Road Ru	101.59	M50/11/38/77
89	933	Guy Marshall	Knaresborough Strid	102.08	M60/7/42/42
90	30	Tabitha McNicholas	North York Moors AC	102.14	FO/9/40/164
91	155	Michaela Welham	Loftus & Whitby AC	102.30	F45/1/50/344
92	809	Gary Talbot	Esk Valley Fell Club	102.40	M55/9/40/274
93	299	Sue Haslam	Scarborough Athletic	102.52	F70/1/50/250
94	801	Bryan Drew	York Knavesmire Ha	102.57	M55/10/39/284
95	645	Carl Read	Nidd Valley Road Ru	103.11	M45/14/35/35
96	841	David McKenna	Darlington Harriers a	103.43	M55/11/38/38
97	749	Mark Lazenby	Individual#	103.50	M50/12/37/66
98	119	Emma McCabe	Elvet Striders	104.20	F40/5/44/89
99	838	Andrew Tattersall	Knaresborough Strid	105.08	M55/12/37/37
100	175	Jennifer Duncan	York Knavesmire Ha	106.17	F45/2/48/48
101	317	Charlie Dimpleby Meakin	Esk Valley Fell Club	106.25	MO/23/26/120
102	830	Peter Walsh	Loftus & Whitby AC	106.34	M55/13/36/116
103	280	Karen Farmer-Scott	Pickering Running Cl	106.37	F60/1/50/200*
104	990	Laurence Taylor	North York Moors AC	107.20	M70/1/50/50
105	608	Kevin Rudd	Loftus & Whitby AC	107.30	M45/15/34/244*
106	204	Lucy Saggars	Pickering Running Cl	107.44	F50/2/48/273*
107	751	Nick Crebbin	Nidd Valley Road Ru	107.53	M50/13/36/36
108	34	Kayleigh McMillan	Individual#	108.06	FO/10/39/73
109	543	Sam Fugill	Individual#	108.22	M40/13/36/36
110	161	Emma David	Nidd Valley Road Ru	108.36	F45/3/46/92
111	384	Jordan McMahan	Redcar Running Clu	108.49	MO/24/25/26
112	705	Nigel Scaife	Nidd Valley Road Ru	109.03	M50/14/35/115
113	736	Paul Wilkin	Middlesbrough and C	109.04	M50/15/34/107
114	205	Marianne Borsheim	Scarborough Athletic	109.16	F50/3/46/221

115	206	Louise Mayfield	Thirsk & Sowerby Ha	109.50	F50/4/45/183
116	903	Marc Davies	Thirsk & Sowerby Ha	109.59	M60/8/41/207*
117	174	Helen Spring	Easingwold Running	110.39	F45/4/45/45
118	226	Lisa Dickie	Harrogate Harriers &	110.41	F50/5/44/44
119	256	Helen Ashworth	Thirsk & Sowerby Ha	113.01	F55/1/50/291
120	842	Girish Patel	Nidd Valley Road Ru	113.03	M55/14/35/35
121	224	Orna O'Toole	York Knavesmire Ha	113.25	F50/6/43/88
122	839	Sean Brennan	Knaresborough Strid	113.27	M55/15/34/34
123	225	Jen Milsom	Individual#	113.44	F50/7/42/86
124	121	Gosia Przybyl	Knaresborough Strid	113.57	F40/6/43/43
125	176	Jo Fletcher Markin	Knaresborough Strid	113.57	F45/5/44/44
126	706	Russell Geraghty	Nidd Valley Road Ru	114.11	M50/16/33/106
127	954	Trevor Symonds	Northern Fells Runni	114.23	M65/3/46/177
128	202	Kelly Clapton	Loftus & Whitby AC	114.40	F50/8/41/182
129	252	Nicola Thorpe	Pickering Running Cl	114.58	F55/2/48/337*
130	266	Karen Geldart	Billingham Running C	114.59	F55/3/46/90
131	153	Susan Dick	Loftus & Whitby AC	116.17	F45/6/43/215
132	936	Paul Birch	Middlesbrough and C	116.27	M60/9/40/78
133	265	Camilla Lauren-Maatta	Elvet Striders	116.34	F55/4/45/91
134	625	Duncan Fothergill	Thirsk & Sowerby Ha	116.35	M45/16/33/122
135	264	Mandy Clarke	York Knavesmire Ha	116.59	F55/5/44/86
136	907	Nicholas Cousins	Pickering Running Cl	117.04	M60/10/39/201*
137	172	Bev Aspin	Nidd Valley Road Ru	117.22	F45/7/42/42
138	284	Pam Birch	Middlesbrough and C	117.26	F60/2/48/98
139	278	Sue Slack	Pickering Running Cl	119.03	F60/3/46/92*
140	961	Mark Edwards	North York Moors AC	119.22	M65/4/45/135
141	35	Nicole Atkinson	Individual#	120.17	FO/11/38/38
142	920	Chris Buckley	Individual#	120.30	M60/11/38/111
143	120	Rebecca Beard	Individual#	120.31	F40/7/42/42
144	976	Graham Currie	North York Moors AC	120.39	M65/5/44/44
145	921	David Stephenson	Pickering Running Cl	121.22	M60/12/37/77*
146	904	David Robinson	North York Moors AC	121.29	M60/13/36/295
147	701	Peter Murray	York Acorn Running	121.43	M50/17/32/215
148	950	Colin Valentine	Keswick AC	121.57	M60/14/35/120
149	173	Melanie Steele	St Theresa's AC	122.06	F45/8/41/41
150	290	Alison Lloyd	North York Moors AC	123.53	F65/1/50/384
151	263	Debbie Rycroft	Pickering Running Cl	123.55	F55/6/43/83*
152	154	Rebecca Cacioppo	Loftus & Whitby AC	124.06	F45/9/40/172
153	646	Ben Hall	Durham Fell Runners	124.35	M45/17/32/32
154	295	Martha McBarron	Swaledale Runners	125.25	F65/2/48/48
155	988	Stephen Dixon	Valley Striders	126.18	M70/2/48/142
156	902	Phil Robinson	Nidd Valley Road Ru	128.23	M60/15/34/112
157	170	Alison Hayes	East Hull Harriers	128.47	F45/10/39/39
158	378	Thomas Dowling	York Knavesmire Ha	130.22	MO/25/24/58
159	934	Paul Cutler	Individual#	130.44	M60/16/33/64
160	169	Julie Ansbro	Stockton Striders AC	131.15	F45/11/38/74
161	33	Alex Atkinson	Individual#	133.49	FO/12/37/80
162	113	Katie Kaars Sijpestein	Roundhay Runners	133.54	F40/8/41/87
163	836	Trevor Wakenshaw	Blyth Running Club	135.05	M55/16/33/94
164	165	Claire Wake	York Knavesmire Ha	135.47	F45/12/37/78
165	912	Ian Robinson	Esk Valley Fell Club	137.15	M60/17/32/207
166	275	Christine Hemingway	City of Hull AC	144.26	F60/4/45/371
167	37	Rebecca Mann	Billingham Running C	149.51	FO/13/36/50
168	276	Sarah Chalmers	Nidd Valley Road Ru	149.55	F60/5/44/137
169	277	Ronni Kirkham	Esk Valley Fell Club	153.56	F60/6/43/178*
170	211	Jayne Bowers	Esk Valley Fell Club	153.57	F50/9/40/120*
171	974	Geoff Hine	Esk Valley Fell Club	157.47	M65/6/43/122

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Scarborough Athletic Clu	41	3,11,13,14	15/96
	2 Pickering Running Club '	69	5,16,22,26	14/80
	3 York Knavesmire Harrier	101	19,25,27,30	13/95
	4 North York Moors AC 'A'	119	8,31,37,43	12/65
	5 York Knavesmire Harrier	134	32,33,34,35	11/54
	6 Esk Valley Fell Club 'A'	146	10,17,42,77	10/103
	7 Nidd Valley Road Runne	187	23,40,59,65	9/29
	8 York Knavesmire Harrier	191	38,47,52,54	8/11
	9 North York Moors AC 'B'	217	46,48,51,72	7/18
	10 Knaresborough Striders '	242	18,66,76,82	6/6
	11 Middlesbrough and Clev	247	2,57,91,97	5/16
	12 Thirsk & Sowerby Harrier	301	62,73,74,92	4/51
	13 Nidd Valley Road Runne	331	75,79,87,90	3/11
	14 North York Moors AC 'C'	391	85,100,102,104	2/3
female:	1 York Knavesmire Harrier	21	1,2,18	15/69
	2 North York Moors AC 'A'	30	7,9,14	14/83
	3 Pickering Running Club	34	5,10,19	13/99
	4 Scarborough Athletic Clu	42	3,16,23	12/80
	5 Thirsk & Sowerby Harrier	43	8,11,24	11/101
	6 Loftus & Whitby AC 'A'	53	6,15,32	10/102
	7 Nidd Valley Road Runne	72	12,22,38	9/23
	8 Pickering Running Club	93	20,33,40	8/41
	9 Elvet Striders 'A'	111	17,36,(58)	7/27
	10 York Knavesmire Harrier	117	28,37,52	6/6
	11 Knaresborough Striders	119	30,31,(58)	5/5
	12 Esk Valley Fell Club 'A'	126	13,56,57	4/72
	13 Loftus & Whitby AC 'B'	139	35,46,(58)	3/38
	14 Billingham Running Club	146	34,54,(58)	2/3

* = Bonus points not included

= Non-counter (team)

Comments:

Cod Beck Canter the eighth counter in the Dave Parry Lets Runs Winter Fell Race Series 2024/25, just ticking over into the second half of the series. Registration was busy for David Bannister York Acorn Running Club with 171 runners signing up to enter the fell race. Weather was chill so great for a winter fell race.

The race was marked by two outstanding runs from Robert Sparkes (MSen) Beverley AC who eased to victory in a time of 68 minutes and Rose Mather (FSen) York Knavesmire Harriers who finished in just shy of 76 minutes and seventh overall. Robert eased to a near 5 minute victory over Stephen McDougall (MSEN) Middlesbrough and Cleveland Harriers in second, though not quite as quick as his 2023 course record. Making up the podium was Daniel Bateson (M40) Scarborough AC in third following a race long tussle with Stephen.

Second female home was Becky Penty (F40) also York Knavesmire Harriers with third home Rhona Marshall (F40) Scarborough AC. In the team competitions it was York Knavesmire Harriers women with Jennifer Duncan supporting Rose and Becky, followed in by North York Moors AC and Pickering Running Club.

Scarborough AC claimed the mens team, with Paul Lawton, Matthew Jones and Robert Preston completing the foursome. Second home were Pickering Running Club with York Knavesmire Harriers third.

Thanks as always to our hardy bunch of volunteers.

The next Dave Parry Lets Run series fell race is 'At the Double' on SATURDAY 15th February organised by Malcolm Peggs of Loftus and Whitby AC, registration from around 9.30am at St Helens Church Skinningrove, and race start is at 11.00am allowing those so inclined to do the Double Double with a parkrun.

David Bannister
York Acorn Running Club

Next Race : At the Double

15-Feb-25