

Heartbeat Hobble**17-Mar-24****Dave Parry/Lets Run Winter Series 2023-24****Race 8**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	301	Oliver Shaw	Loftus & Whitby AC	46.02	MO/1/50/335
2	344	Ewan Sewell	York Knavesmire Ha	46.38	MO/2/48/90
3	561	Daniel Bateson	Scarborough Athletic	47.00	M40/1/50/50
4	307	Sam Leadley	Loftus & Whitby AC	47.13	MO/3/46/189*
5	324	Paul Lawton	Scarborough Athletic	49.04	MO/4/45/206
6	318	Robert Preston	Scarborough Athletic	50.04	MO/5/44/277
7	411	Josh Woodacre	Esk Valley Fell Club	50.15	MO/6/43/85
8	22	Victoria Sewell	York Knavesmire Ha	50.24	FO/1/50/98
9	377	Tom Ratcliffe	York Knavesmire Ha	51.51	MO/7/42/106
10	724	Adrian Bushby	City of Hull AC	52.02	M50/1/50/250*
11	305	Mitchell Scott	Goodgym	52.17	MO/8/41/75
12	412	Jonah Seaston	York Knavesmire Ha	52.28	MO/9/40/40
13	609	Damian Kilpin	Penistone Footpath F	53.09	M45/1/50/235
14	811	Jim Rogers	City of Hull AC	54.03	M55/1/50/334
15	629	Reiner Hesse	Individual#	54.19	M45/2/48/126
16	669	Ashley Dodgson	Individual#	54.34	M45/3/46/90
17	718	Julian Wardman	Esk Valley Fell Club	54.35	M50/2/48/302
18	328	Paul Simpson	Pickering Running Cl	54.37	MO/10/39/153
19	613	Andy Goddard	York Acorn Running	54.49	M45/4/45/280*
20	728	Giles Hawking	York Knavesmire Ha	54.55	M50/3/46/174
21	674	Stuart Smith	Pocklington Runners	55.05	M45/5/44/44
22	509	Michal Czekajlo	York Acorn Running	55.19	M40/2/48/247*
23	900	David Hughes	North York Moors AC	55.24	M60/1/50/196
24	722	Simon Jones	Pickering Running Cl	56.18	M50/4/45/95*
25	708	Calvin Nicholson	Billingham Running C	56.21	M50/5/44/307
26	706	Chris Jefferies	Billingham Running C	57.08	M50/6/43/255
27	934	Ken Maynard	Sunderland Strollers	57.49	M60/2/48/48
28	909	Barry Atkinson	York Knavesmire Ha	57.55	M60/3/46/244
29	713	David Bannister	York Acorn Running	58.06	M50/7/42/212*
30	202	Penny Browell	Elvet Striders	58.14	F50/1/50/348
31	952	Neil Rip Ridsdale	Esk Valley Fell Club	58.35	M65/1/50/348
32	702	Adam Smith	Pocklington Runners	58.55	M50/8/41/80
33	357	Robert Bozeat	Individual#	59.09	MO/11/38/50
34	845	Warwick Anderson	Pocklington Runners	59.58	M55/2/48/48
35	675	Dan Clayton	Individual#	60.01	M45/6/43/43
36	640	Kieron Niven	York Knavesmire Ha	60.14	M45/7/42/112
37	14	Georgia Campbell	Individual#	60.40	FO/2/48/281
38	650	Phil Baines	Esk Valley Fell Club	60.48	M45/8/41/187
39	367	Chris Doble	York Knavesmire Ha	61.01	MO/12/37/37
40	507	Graham Gill	York Knavesmire Ha	61.11	M40/3/46/274
41	673	Richard Gover	York Acorn Running	61.28	M45/9/40/40
42	844	Partrick Day	Esk Valley Fell Club	62.01	M55/3/46/46
43	904	Nigel Briggs	North York Moors AC	62.16	M60/4/45/274*
44	800	David Sanderson	Individual#	62.44	M55/4/45/224
45	209	Hester Butterworth	Scarborough Athletic	62.50	F50/2/48/194
46	12	Cassie Read	York Knavesmire Ha	62.52	FO/3/46/136
47	526	Lee Kemp	Esk Valley Fell Club	62.59	M40/4/45/95
48	963	Roger Laycock	Settle Harriers	63.06	M65/2/48/140
49	843	Andrew Johnson2	Beverley Athletic Clu	63.09	M55/5/44/44
50	17	Maria Clemmit	North York Moors AC	63.15	FO/4/45/261
51	957	Andrew Davies	Scarborough Athletic	63.44	M65/3/46/142
52	5	Megan Letts	Pocklington Runners	64.02	FO/5/44/136
53	601	David Barrett	York Acorn Running	64.11	M45/10/39/73
54	414	Matthew Graves	Individual#	65.04	MO/13/36/36
55	959	Mark Jordan	Harrogate Harriers &	65.41	M65/4/45/91

56	1398	Orna O'Toole	York Knavesmire Ha	65.42	F50/3/46/90
57	177	Katy Lee	York Knavesmire Ha	66.29	F45/1/50/50
58	769	Chris Bourne	Scarborough Athletic	67.11	M50/9/40/40
59	720	Richard Clark	Esk Valley Fell Club	67.13	M50/10/39/245
60	113	Jess Evans	St Theresa's AC	67.14	F40/1/50/281
61	933	Mark May	Scarborough Athletic	67.20	M60/5/44/44
62	807	Thomas Reeves	Elvet Striders	67.33	M55/6/43/240
63	250	Ros Blackmore	Swaledale Runners	67.54	F55/1/50/148
64	259	Karen Farmer-Scott	Pickering Running Cl	67.55	F55/2/48/192*
65	803	Bryan Drew	York Knavesmire Ha	68.25	M55/7/42/205
66	982	Nicholas Boudel	Reepham Runners	68.27	M65/5/44/44
67	110	Sarah Walch	Penistone Footpath F	68.29	F40/2/48/232
68	560	Andrew Barker	York Knavesmire Ha	68.31	M40/5/44/44
69	207	Julia Jackson	Loftus & Whitby AC	68.38	F50/4/45/132
70	908	Paul Smith	Pickering Running Cl	68.39	M60/6/43/172
71	18	Aimee Jones	Swaledale Runners	68.54	FO/6/43/206
72	559	Stephen Lewin	Individual#	68.59	M40/6/43/87
73	703	John O'Boyle	Individual#	69.05	M50/11/38/192
74	810	Paul Havis	Individual#	69.07	M55/8/41/249
75	766	Richard Johnson	Pickering Running Cl	69.22	M50/12/37/108*
76	171	Michaela Welham	Loftus & Whitby AC	69.31	F45/2/48/96*
77	105	Louise Venables	Pocklington Runners	69.33	F40/3/46/144*
78	714	Richard Crone	East Hull Harriers AC	69.42	M50/13/36/161
79	981	Michael Smith	Redditch Stars	69.48	M65/6/43/43
80	291	Sue Haslam	Scarborough Athletic	69.59	F65/1/50/300
81	670	Kevin David Rudd	Individual#	70.22	M45/11/38/117
82	719	Sean Brennan	Knaresborough Strid	70.46	M50/14/35/68
83	930	Graham Palmer	Loftus & Whitby AC	70.56	M60/7/42/84
84	955	Andrew Johnson	York Knavesmire Ha	70.57	M65/7/42/313*
85	999	Neil Scruton	Scarborough Athletic	71.09	M75/1/50/300
86	1150	Ian White	Elvet Striders	71.34	M50/15/34/53
87	841	Dan Jones	York Knavesmire Ha	71.43	M55/9/40/40
88	227	Kelly Clapton	Loftus & Whitby AC	71.54	F50/5/44/87*
89	173	Charlotte Stonehouse	New Marske Harriers	71.56	F45/3/46/92
90	840	Emyr Glyn Rees	York Knavesmire Ha	72.03	M55/10/39/39
91	154	Serena Partridge	Pickering Running Cl	72.37	F45/4/45/186*
92	100	Ruth Kaftirani	Pickering Running Cl	72.49	F40/4/45/45
93	178	Bethany Bengier	York Knavesmire Ha	72.49	F45/5/44/44
94	801	Gary Talbot	Esk Valley Fell Club	73.03	M55/11/38/240*
95	136	Louisa Strain	York Knavesmire Ha	74.06	F40/5/44/44
96	251	Helen Ashworth	Thirsk & Sowerby Ha	74.09	F55/3/46/330
97	921	Gary Beard	Loftus & Whitby AC	75.08	M60/8/41/113
98	57	Emma Brookshaw	York Knavesmire Ha	75.12	FO/7/42/42
99	271	Jennifer Egmore	Reepham Runners	75.14	F55/4/45/45
100	953	Richard Parkin	Beverley Athletic Clu	75.16	M65/8/41/260
101	979	Mark Edwards	North York Moors AC	75.21	M65/9/40/85
102	170	Susan Dick	Loftus & Whitby AC	76.00	F45/6/43/87
103	112	Lynn Humpleby	Pickering Running Cl	77.18	F40/6/43/171
104	903	David Stephenson	Pickering Running Cl	77.26	M60/9/40/122*
105	562	Andrew Jowers	TS Harriers	77.41	M40/7/42/42
106	672	Andrew Clark	York Knavesmire Ha	77.42	M45/12/37/37
107	415	Liam Stainthorpe	Individual#	77.48	MO/14/35/35
108	59	Nicola Gover	York Acorn Running	78.11	FO/8/41/41
109	15	Lucy Knight	Goodgym	78.28	FO/9/40/114*
110	275	Jayne Graves	Scarborough Athletic	78.37	F60/1/50/140
111	176	Sarah Hudson	Loftus & Whitby AC	78.42	F45/7/42/87*
112	274	Debbie Rycroft	Pickering Running Cl	78.46	F55/5/44/44*
113	923	David Robinson	North York Moors AC	78.52	M60/10/39/113
114	58	Amy Crafar	Individual#	79.18	FO/10/39/39

115	60	Lydia Sanderson	Individual#	79.19	FO/11/38/38
116	297	Jane Hamp	Scarborough Athletic	80.41	F65/2/48/48
117	278	Alison Lloyd	North York Moors AC	81.34	F60/2/48/323*
118	716	Peter Murray	York Acorn Running	82.17	M50/16/33/166
119	266	Hilary Allan	Individual#	83.18	F55/6/43/176
120	932	Nick Coombes	Scarborough Athletic	83.20	M60/11/38/38
121	172	Rebecca Cacioppo	Loftus & Whitby AC	83.28	F45/8/41/82
122	56	Caitlin Clark	York Knavesmire Ha	83.45	FO/12/37/37
123	366	Edmund Roberts	York Knavesmire Ha	83.55	MO/15/34/51
124	109	Kathryn Waterworth	Individual#	85.28	F40/7/42/125
125	906	Ian Robinson	Esk Valley Fell Club	85.57	M60/12/37/230
126	288	Melanie Padgham	Scarborough Athletic	86.12	F60/3/46/46
127	150	Alice Hayter	Pickering Running Cl	86.27	F45/9/40/256*
128	272	Lin Bolton	Reepham Runners	87.53	F55/7/42/42
129	273	Vivienne Lain	Reepham Runners	87.55	F55/8/41/41
130	138	Katie Diggory	Pickering Running Cl	88.57	F40/8/41/41
131	44	Laura Bennett	York Acorn Running	89.37	FO/13/36/73*
132	137	Laura Allan	Redcar Running Clu	89.45	F40/9/40/40
133	55	Phillippa Hill	Individual#	90.15	FO/14/35/35
134	842	Lance Hill	York Knavesmire Ha	90.17	M55/12/37/37
135	260	Ronni Kirkham	Esk Valley Fell Club	92.39	F55/9/40/122
136	289	Ann Currie	Loftus & Whitby AC	92.41	F65/3/46/46
137	298	Christine Hemingway	City of Hull AC	92.52	F60/4/45/45
138	990	Michael Hetheron	Pickering Running Cl	93.13	M75/2/48/192
139	956	Mike Punchard	Pickering Running Cl	99.05	M65/10/39/118
140	715	Vaughn Davies	Individual#	112.23	M50/17/32/205
141	987	Antonio Cardinale	Otley AC	119.52	M70/1/50/50

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 York Knavesmire Harrier	40	2,8,11,19	15/68
	2 Scarborough Athletic Clu	59	3,5,6,45	14/94
	3 Esk Valley Fell Club 'A'	87	7,16,29,35	13/99
	4 York Acorn Running Clu	105	18,21,28,38	12/65
	5 York Knavesmire Harrier	134	27,34,36,37	11/24
	6 Loftus & Whitby AC 'A'	142	1,4,65,72	10/52
	7 Pickering Running Club	156	17,23,56,60	9/66
	8 Esk Valley Fell Club 'B'	202	39,42,50,71	8/64
	9 North York Moors AC 'A'	215	22,40,74,79	7/31
	10 York Knavesmire Harrier	243	53,55,66,69	6/6
	11 Scarborough Athletic Clu	248	49,51,67,81	5/18
	12 York Knavesmire Harrier	313	70,77,82,84	4/4
female:	1 York Knavesmire Harrier	14	1,5,8	15/29
	2 Loftus & Whitby AC 'A'	49	14,16,19	14/42
	3 Scarborough Athletic Clu	54	4,18,32	13/84
	4 Pickering Running Club	55	12,21,22	12/95
	5 York Knavesmire Harrier	56	9,23,24	11/11
	6 Pocklington Runners 'A'	78	7,17,(54)	10/20
	7 Swaledale Runners 'A'	80	11,15,(54)	9/56
	8 North York Moors AC 'A'	98	6,38,(54)	8/81
	9 Loftus & Whitby AC 'B'	101	28,33,40	7/18
	10 Pickering Running Club	107	29,34,44	6/30
	11 Reepham Runners 'A'	118	27,45,46	5/5
	12 York Knavesmire Harrier	121	26,41,(54)	4/4
	13 York Acorn Running Clu	132	30,48,(54)	3/3
	14 Scarborough Athletic Clu	134	37,43,(54)	2/7

* = Bonus points not included

= Non-counter (team)

Comments:

A low cloud hung in the air for the 2024 version of Heartbeat Hobble, the dry conditions became a light mizzle and transitioned to a light drizzle as the event progressed. The course was damp underfoot so not a day for records this year

In the race of 141 competitors it was Oliver Shaw (MSEN) Loftus and Whitby AC who claimed victory in a time of 46 minutes 2 seconds. Ewan Sewell (MSEN) York Knavesmire Harriers was second some 36 seconds later and in third making a return from injury Daniel Bateson (M40) Scarborough AC. Male seniors claimed five of the next six places and Jim Rogers (M50) City of Hull AC a creditable 10th overall.

Victoria Sewell (FSEN) York Knavesmire Harriers raced to eighth overall and first women in a time of 50 minutes 24 seconds. Penny Browell (F50) Elvet Striders claimed another podium in second and Georgia Campbell (FSEN) Individual continued her good form in third.

In the team competitions it was a double win for York Knavesmire Harriers, with the women's team of Victoria Sewell, Cassie Read and Orna O'Toole claiming victory from Loftus and Whitby AC and Scarborough AC. Not to be outdone, the Knavesmire men also claimed victory by virtue of a better placed fourth counter with Ewan Sewell, Tom Ratcliffe, Jonah Seaston and Giles Hawking, from Scarborough AC and Esk Valley Fell Club in third.

Thanks to race organisers Dave Parke and Robert Lillie and our helpers at this event: Robert Lillie Margaret Scruton Joe Leadley Glyn Smith Steph Lishman Andrew Robertson Chris Clayton Julie Clayton Matthew Jones David Parke Graham Robinson Malcolm Peggs and Clive Thornton

Next event is race nine Blakey Blitz, registration is at The Lion Inn on Sunday 7th April 2024.

Clive Thornton
Esk Valley Fell club

Next Race : Blakey Blitz

07-Apr-24