

At the Double**15-Feb-25****Dave Parry/Lets Run Winter Series 2024-25****Race 9**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	324	Stephen McDougall	Middlesbrough and C	45.50	MO/1/50/239
2	333	Paul Lawton	Scarborough Athletic	47.44	MO/2/48/347
3	395	William Bowers	Tyne Bridge Harriers	48.23	MO/3/46/46
4	24	Rose Mather	York Knavesmire Ha	48.27	FO/1/50/200
5	349	Andrew Prowse	Individual#	48.45	MO/4/45/90
6	810	Stephen Pugh	Esk Valley Fell Club	48.58	M55/1/50/294*
7	337	Robert Preston	Scarborough Athletic	49.16	MO/5/44/279
8	777	Matthew Jones	Scarborough Athletic	49.31	M45/1/50/373
9	344	Thomas Naisby	Esk Valley Fell Club	50.20	MO/6/43/168
10	803	Adrian Bushby	City of Hull AC	50.39	M55/2/48/396
11	323	Thomas Ratcliffe	York Knavesmire Ha	51.29	MO/7/42/207
12	388	Robert Bozeat	York Knavesmire Ha	51.41	MO/8/41/107
13	619	Damian Kilpin	Penistone Footpath F	53.01	M45/2/48/133
14	314	James Seddon	York Knavesmire Ha	53.06	MO/9/40/217
15	330	Peter Boyes	Individual#	54.52	MO/10/39/177
16	4	Esther Harrison	Thirsk & Sowerby Ha	55.08	FO/2/48/329
17	953	Neil Rip Ridsdale	Esk Valley Fell Club	55.38	M65/1/50/348*
18	396	Aaron Keyes	Middlesbrough and C	55.53	MO/11/38/38
19	715	Chris Jefferies	Billingham Running C	56.40	M50/1/50/377
20	651	Jonathan Archer	Stockton Striders AC	56.53	M45/3/46/87
21	630	Martin Vasey	Middlesbrough and C	57.04	M45/4/45/158
22	703	David Bannister	York Acorn Running	57.15	M50/2/48/266
23	609	Ashley Dodgson	Thirsk & Sowerby Ha	57.16	M45/5/44/353
24	631	Reiner Hesse	Individual#	57.19	M45/6/43/208
25	18	Maria Clemmit	North York Moors AC	57.26	FO/3/46/262
26	394	Shaun Flewker-Barker	Redcar Running Clut	57.44	MO/12/37/37
27	811	Tim Hill	Esk Valley Fell Club	57.49	M55/3/46/267*
28	901	Nigel Briggs	North York Moors AC	58.01	M60/1/50/373*
29	369	Hamish Miller	Esk Valley Fell Club	58.29	MU23/1/50/144
30	714	Philip Baines	Esk Valley Fell Club	58.43	M50/3/46/153*
31	932	David Allison	North York Moors AC	59.06	M60/2/48/92
32	900	Matt Rylatt	York Triathlon Club	59.43	M60/3/46/267*
33	733	Gary Wilkinson	Harrogate Harriers &	59.46	M50/4/45/78
34	216	Trudy Morrice	Thirsk & Sowerby Ha	60.01	F50/1/50/198*
35	511	Andrew Paylor	Middlesbrough and C	60.40	M40/1/50/292*
36	929	Colin Harrison	Loftus & Whitby AC	60.56	M60/4/45/132
37	7	Kelly Richmond	Pickering Running Cl	61.03	FO/4/45/377*
38	906	Graham Palmer	Loftus & Whitby AC	61.45	M60/5/44/308
39	834	Angus Sanderson	North York Moors AC	62.13	M55/4/45/179
40	722	Alan Simpson	Thirsk & Sowerby Ha	62.45	M50/5/44/238*
41	604	Paul Chapman	Thirsk & Sowerby Ha	63.01	M45/7/42/303
42	749	Mark Lazenby	Individual#	63.11	M50/6/43/109
43	801	Bryan Drew	York Knavesmire Ha	63.39	M55/5/44/328
44	830	Peter Walsh	Loftus & Whitby AC	64.14	M55/6/43/159
45	500	Graham Gill	York Knavesmire Ha	64.45	M40/2/48/238
46	201	Steph Lishman	Esk Valley Fell Club	65.47	F50/2/48/376*
47	736	Paul Wilkin	Middlesbrough and C	65.53	M50/7/42/149
48	754	Mark Smith	North Shields Poly	66.04	M50/8/41/41
49	505	Matthew Taylor	Individual#	66.11	M40/3/46/86
50	227	Katy Dannerolle	Scarborough Athletic	67.16	F50/3/46/46
51	206	Louise Mayfield	Thirsk & Sowerby Ha	67.37	F50/4/45/228
52	152	Sarah Hudson	Loftus & Whitby AC	67.40	F45/1/50/364
53	299	Sue Haslam	Scarborough Athletic	68.16	F70/1/50/300
54	831	Christopher Clayton	Scarborough Athletic	68.26	M55/7/42/157
55	608	Kevin Rudd	Loftus & Whitby AC	68.52	M45/8/41/285*

56	156	Lynn Humpleby	Pickering Running Cl	69.56	F45/2/48/183
57	204	Lucy Saggars	Pickering Running Cl	71.26	F50/5/44/317*
58	706	Russell Geraghty	Nidd Valley Road Ru	71.27	M50/9/40/146
59	746	Shaun Dodd	Aycliffe Running Clu	72.05	M50/10/39/104
60	963	Andrew Johnson2	York Knavesmire Ha	72.21	M65/2/48/268
61	252	Nicola Thorpe	Pickering Running Cl	72.29	F55/1/50/387*
62	278	Sue Slack	Pickering Running Cl	72.52	F60/1/50/142*
63	930	Anthony Harnett	North York Moors AC	72.58	M60/6/43/119
64	976	Graham Currie	North York Moors AC	73.30	M65/3/46/90
65	921	David Stephenson	Pickering Running Cl	73.31	M60/7/42/119*
66	955	Stephen Haley	Individual#	73.44	M65/4/45/90
67	150	Alice Hayter	Pickering Running Cl	73.51	F45/3/46/306*
68	115	Jenny Storrie	Individual#	73.52	F40/1/50/100
69	701	Peter Murray	York Acorn Running	74.02	M50/11/38/253
70	3	Louise Bailey-Parkin	Pickering Running Cl	74.25	FO/5/44/207*
71	843	Paul Haydon	Fell Runners Associ	74.27	M55/8/41/68
72	41	Rebecca Holloway	Individual#	75.08	FO/6/43/43
73	251	Hilary Allan	Esk Valley Fell Club	75.39	F55/2/48/231
74	253	Julie Clayton	Scarborough Athletic	76.16	F55/3/46/273*
75	33	Alex Atkinson	Individual#	76.26	FO/7/42/122
76	951	Paul Lyons	North York Moors AC	76.45	M65/5/44/135
77	923	Jerry Barnes	Vegan Runners	77.22	M60/8/41/119
78	151	Lucy Sillars	Thirsk & Sowerby Ha	78.12	F45/4/45/213*
79	228	Ann Marshall	Individual#	78.42	F50/6/43/43
80	985	Geoffrey Usher	Individual#	78.48	M70/1/50/145
81	290	Alison Lloyd	North York Moors AC	78.59	F65/1/50/388
82	836	Trevor Wakenshaw	Blyth Running Club	80.01	M55/9/40/134
83	934	Paul Cutler	Individual#	80.17	M60/9/40/104
84	285	Karen Mather	York Knavesmire Ha	80.44	F60/2/48/48
85	974	Geoff Hine	Esk Valley Fell Club	89.11	M65/6/43/165
86	912	Ian Robinson	Esk Valley Fell Club	89.12	M60/10/39/246
87	169	Julie Ansbro	Stockton Striders AC	89.19	F45/5/44/118
88	110	Kathryn Waterworth	Individual#	89.58	F40/2/48/179
89	275	Christine Hemingway	City of Hull AC	90.41	F60/3/46/372

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Esk Valley Fell Club 'A'	52	5,8,15,24	15/118
	2 Scarborough Athletic Clu	59	2,6,7,44	14/110
	3 Middlesbrough and Clev	67	1,16,19,31	13/24
	4 York Knavesmire Harrier	72	10,11,13,38	12/107
	5 North York Moors AC 'A'	136	25,28,34,49	11/76
	6 Loftus & Whitby AC 'A'	149	32,33,39,45	10/56
	7 Esk Valley Fell Club 'B'	174	26,27,60,61	9/65
female:	1 Thirsk & Sowerby Harrier	14	2,4,8	15/116
	2 Pickering Running Club	28	5,11,12	14/113
	3 Scarborough Athletic Clu	37	7,10,20	13/93
	4 Pickering Running Club	42	13,14,15	12/53
	5 Esk Valley Fell Club 'A'	54	6,19,(29)	11/83
	6 York Knavesmire Harrier	55	1,25,(29)	10/79
	7 North York Moors AC 'A'	56	3,24,(29)	9/92

* = Bonus points not included

= Non-counter (team)

Comments:

There was a distinct chill in the air, but the weather warning of snow and ice was cancelled, allowing the At the Double fell race, ninth counter in the Dave Parry Lets Run Winter Fell Race Series 2024/25 to be held in just about ideal winter fell race conditions. The race is one of two coastal fell races held on the North York Moors, so something a bit different for competitors.

Malcolm Peggs, race organiser of the Loftus and Whitby AC had rallied a good number of volunteers to assist on the day, we are forever thankful for your assistance. The race is held on a Saturday to allow registration, courtesy of Father Adam Gaunt, to be held in St Helens Church in Skinningrove. Surplus proceeds from the race support the church and a other good causes.

Eighty Nine, runners toed the start line, the initial kilometre is a fast a furious decent with a couple of options to join the Cleveland Way, then follows an undulating course along the coastal path.

In the tale of the tape it was Stephen McDougall (MSEN) Middlesbrough and Cleveland Harriers, who raced to victory and to within a minute of the 2024 course record. Then came Paul Lawton (MSEN) Scarborough AC with William Bowers (MSEN) Tyne Bridge Harriers placing third. Fourth overall and first female was Rose Mather (WSEN) York Knavesmire Harriers continuing her good form and claiming a new course record of 48 minutes 27 seconds eclipsing Caroline Lambert's 2024 time. Esther Harrison (WSEN) Thirsk and Sowerby Harriers was the runner-up and Maria Clemmit (WSEN) North York Moors AC third. Trudy Morrice (W50) Thirsk and Sowerby Harriers, fourth female home and Stephen Pugh (M55) Esk Valley Fell Club sixth overall were the first vets home.

In the team competitions it was Thirsk and Sowerby Harriers women (third counter Louise Mayfield) and Esk Valley Fell Club men (Thomas Naisby, Neil Ridsdale and Tim Hill the other counters) who claimed the wins.

Next event in winter fell race series is tenth counter Eskdale Eureka on sunday 2 March 2025, registration is at the Castleton Cricket Club from 9.00am, race start at 10.30am.

Malcolm Peggs
Loftus and Whitby AC

Next Race : Eskdale Eureka

02-Mar-25