

Castleton Show Run

Dave Parry/Lets Run Summer Series 2024

14-Sep-24
Race 10

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	395	Filimon Eyob	TS Harriers	34.34	MO/1/50/50
2	531	James Wilson	Loftus & Whitby AC	37.04	M40/1/50/50
3	393	Dawit Asmelash	TS Harriers	38.49	MO/2/48/48
4	301	Michael Garbutt	Loftus & Whitby AC	38.50	MO/3/46/128
5	394	Chris Dale	TS Harriers	39.15	MO/4/45/45
6	303	Paul Lawton	Scarborough Athletic C	39.41	MO/5/44/132
7	524	Richard Atkins	North York Moors AC	40.14	M40/2/48/96
8	825	Nadeem Saddique	North York Moors AC	41.17	M55/1/50/50
9	387	Aaron Keys	Middlesbrough and C	41.24	MO/6/43/85
10	639	Stuart Turton	North York Moors AC	41.33	M45/1/50/50
11	909	David Hughes	North York Moors AC	42.20	M60/1/50/300*
12	530	Philip Peggs	Loftus & Whitby AC	42.21	M40/3/46/46
13	391	James Seddon	York Knavesmire Ha	42.39	MO/7/42/42
14	705	Chris Jefferies	Billingham Running C	42.45	M50/1/50/294
15	800	Kevin McLoughlin	North York Moors AC	42.48	M55/2/48/92
16	720	Ian Lowther	North York Moors AC	42.50	M50/2/48/98
17	512	Richard Purser	York Knavesmire Ha	42.58	M40/4/45/129*
18	529	Chris King	Individual#	43.25	M40/5/44/90
19	509	Michal Czekajlo	York Acorn Running	43.41	M40/6/43/268
20	640	Darren Wood	Individual#	44.00	M45/2/48/48
21	604	Ashley Dodgson	Individual#	44.14	M45/3/46/276
22	728	Gary Wilkinson	Harrogate Harriers &	44.34	M50/3/46/90
23	914	Nigel Briggs	North York Moors AC	46.00	M60/2/48/279
24	10	Kirsty Struthers	North York Moors AC	46.05	FO/1/50/286
25	392	Matthew Keogh	Individual#	47.36	MO/8/41/41
26	27	Catherine Walgate	Individual#	47.58	FO/2/48/178
27	900	Graham Palmer	Loftus & Whitby AC	48.18	M60/3/46/265
28	730	Nick Bower	Individual#	48.23	M50/4/45/45
29	803	Paul Havis	Individual#	48.30	M55/3/46/278
30	49	Katherine Hill	Chapel Allerton Runr	48.37	FO/3/46/46
31	298	Sue Haslam	Scarborough Athletic	48.54	F70/1/50/300
32	107	Rhona Marshall	Scarborough Athletic	48.55	F40/1/50/148*
33	315	Jordan Morris	North York Moors AC	48.58	MO/9/40/161*
34	157	Michaela Welham	Loftus & Whitby AC	49.19	F45/1/50/300*
35	200	Dawn Harrison	Loftus & Whitby AC	49.45	F50/1/50/96
36	532	Benjamin Collier	Individual#	49.46	M40/7/42/42
37	610	Mark Brown	North York Moors AC	50.40	M45/4/45/124
38	827	David Cross	Individual#	50.46	M55/4/45/45
39	826	Paul Bainbridge	North York Moors AC	51.03	M55/5/44/44
40	911	Paul Smith	Pickering Running Cl	51.09	M60/4/45/220
41	807	Bryan Drew	York Knavesmire Ha	51.31	M55/6/43/164
42	609	Kevin Rudd	Loftus & Whitby AC	52.07	M45/5/44/256*
43	4	Kyah Hall	Loftus & Whitby AC	53.49	FO/4/45/249
44	818	Gary Talbot	Esk Valley Fell Club	54.12	M55/7/42/263*
45	917	Anthony Harnett	North York Moors AC	54.25	M60/5/44/86
46	638	Guy Weston	Individual#	54.30	M45/6/43/43
47	202	Steph Lishman	Esk Valley Fell Club	54.50	F50/2/48/233*
48	729	Shaun Dodd	Aycliffe Running Cluk	54.54	M50/5/44/44
49	203	Catherine Shutt	North York Moors AC	54.56	F50/3/46/138
50	48	Libby Turnbull	Individual#	56.56	FO/5/44/44
51	152	Lynn Humpleby	Pickering Running Cl	57.01	F45/2/48/138*
52	154	Sarah Hudson	Loftus & Whitby AC	57.13	F45/3/46/281
53	951	Mark Edwards	North York Moors AC	57.32	M65/1/50/290
54	731	Simon Brockington	Individual#	57.33	M50/6/43/43
55	110	Kerrie Cox	Individual#	57.37	F40/2/48/48

56	251	Hilary Allan	Esk Valley Fell Club	58.06	F55/1/50/294
57	284	Patricia Kay	Aycliffe Running Clut	60.07	F60/1/50/50
58	994	Michael Hetherton	Pickering Running Cl	60.08	M75/1/50/150
59	156	Rebecca Cacioppo	Loftus & Whitby AC	60.21	F45/4/45/180
60	904	Gary Beard	Loftus & Whitby AC	62.06	M60/6/43/125
61	987	Ged Hall	North York Moors AC	64.19	M70/1/50/198
62	285	Karen Harper	Pickering Running Cl	64.38	F60/2/48/48
63	710	Vaughn Davies	Esk Valley Fell Club	64.42	M50/7/42/246
64	169	Suzanne Smith	Individual#	64.50	F45/5/44/44
65	988	Malcolm Peggs	Loftus & Whitby Ac	65.17	M70/2/48/48*
66	50	Jennifer Tapp	New Marske Harriers	65.56	FO/6/43/43
67	907	Ian Robinson	Esk Valley Fell Club	66.25	M60/7/42/246
68	959	Geoff Hine	Esk Valley Fell Club	66.44	M65/2/48/133
69	254	Sara Brown	Individual#	67.06	F55/2/48/48
70	963	Michael Punchard	Pickering Running Cl	67.07	M65/3/46/46
71	219	Morag Brockington	Individual#	67.28	F50/4/45/45

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 North York Moors AC 'A'	36	7,8,10,11	15/123
	2 Loftus & Whitby AC 'A'	43	2,4,12,25	14/94
	3 North York Moors AC 'B'	82	15,16,23,28	13/32
	4 North York Moors AC 'C'	139	30,32,37,40	12/12
	5 Esk Valley Fell Club 'A'	176	36,45,47,48	11/140
female:	1 Loftus & Whitby AC 'A'	21	6,7,8	15/125
	2 Scarborough Athletic Clu	32	4,5,(23)	14/49
	3 North York Moors AC 'A'	34	1,10,(23)	13/114
	4 Esk Valley Fell Club 'A'	47	9,15,(23)	12/101
	5 Loftus & Whitby AC 'B'	53	13,17,(23)	11/58
	6 Pickering Running Club	53	12,18,(23)	10/44

* = Bonus points not included
 # = Non-counter (team)

Comments:

Thank you all for turning out and supporting not only the twenty-third Castleton Show Run (approx10km), but also the Castleton Show - and congratulations to you all for completing the Run in slightly less challenging conditions for running than last year (when very hot conditions were present)!

Great runs by Filimon Eyob in the mens race and by Kirsty Struthers in the ladies race. In fact, let's say well done to all prize-winners!

Congratulations to the team from TS Harriers in taking the mens team prize (using 3 counters) in a very close contest with Loftus & Whitby AC . The ladies from Loftus & Whitby AC took the ladies team prize, being the only club finishing a team of three.

I hope that you all enjoyed your runs on this undulating course - and your afternoon at the Show – please pass the word around, and bring along a friend next year!! All being well I will organise the run again next year, which will be on Show Day, second Saturday in September 2025 (which I make to be the 13th).

Finally, many thanks to Eddie Meehan for acting as race official, and sorting results, Barrie Moodie and Graham Robinson for timing and place recording, and to the marshals for their help - my wife Di as 'sweeper', Dave and Viv Murphy (cattlegrid and waterpoint), Gavin Struthers, Carolyn Gale and David (at the crossroads), Amanda Waller (Westerdale junction), Phil Baines (above Hob Hole), Gregg Proll and Livi Wright (junctions plus cattlegrids at 2k and 8k), Nigel Briggs and Amanda Waller (registration), Dave Robinson (crossroads and photographs).

An honourable mention too for Medics UK Ltd, without whom the run couldn't take place.

Chris Wright

Next Race : Fry-up Frazzler

22-Sep-24