

Codbeck Canter**04-Feb-24****Dave Parry/Lets Run Winter Series 2023-24****Race 5**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	400	Chris Albrough	Durham Fell Runners	72.53	MO/1/50/50
2	399	Rory Woods	Durham Fell Runners	73.45	MO/2/48/48
3	404	Edward Fenning	Easingwold Running	74.02	MO/3/46/46
4	314	Joe Leadley	Loftus & Whitby AC	74.15	MO/4/45/132
5	301	Oliver Shaw	Loftus & Whitby AC	76.05	MO/5/44/187
6	518	Tim Grimwood	Swaledale Runners	76.53	M40/1/50/200
7	398	Joe Addison	Durham Fell Runners	77.16	MO/6/43/43
8	51	Emily Cowper-Coles	Oswestry	77.23	FO/1/50/50
9	1029	Dale Brown	Individual#	78.05	MO/7/42/73
10	403	Ian Spence	Scarborough Athletic	78.07	MO/8/41/41
11	131	Catherine Williamson	Loftus & Whitby AC	78.22	F40/1/50/50
12	608	Matthew Jones	Scarborough Athletic	78.56	M45/1/50/180
13	402	Hamish Carrick	Durham Fell Runners	79.09	MO/9/40/40
14	324	Paul Lawton	Scarborough Athletic	79.24	MO/10/39/161
15	318	Robert Preston	Scarborough Athletic	80.39	MO/11/38/145
16	401	Benjamin Hunter	Dark Peak FR	81.08	MO/12/37/37
17	50	Rebecca Penty	York Knavesmire Ha	81.46	FO/2/48/48
18	605	Jayson Cavill	Pickering Running Cl	82.37	M45/2/48/98
19	734	Dave Smith	Pickering Running Cl	82.44	M50/1/50/127
20	609	Damian Kilpin	Penistone Footpath F	83.06	M45/3/46/139
21	505	Michael Shaw	York Knavesmire Ha	83.08	M40/2/48/86
22	830	Rob Williamson	Loftus & Whitby AC	83.18	M55/1/50/96
23	503	Martin Wilson	Durham Fell Runners	83.25	M40/3/46/139
24	103	Rhona Marshall	Scarborough Athletic	83.25	F40/2/48/148
25	735	Stephen Pugh	Esk Valley Fell Club	83.42	M50/2/48/140*
26	833	Martin Hibbert	Individual#	83.57	M55/2/48/96
27	665	Gareth Green	York Knavesmire Ha	84.06	M45/4/45/45
28	361	Jacob Ledsham	Individual#	84.07	MO/13/36/59
29	664	Ian Hutchinson	Durham Fell Runners	84.32	M45/5/44/44
30	343	Dermot Meeham	Individual#	84.49	MO/14/35/65
31	811	Jim Rogers	City of Hull AC	85.18	M55/3/46/233
32	405	Mark Jenner	Individual#	86.36	MO/15/34/34
33	762	Darren Fishwick	Chorley	87.22	M50/3/46/46
34	606	Paul Hodgson	Durham Fell Runners	88.33	M45/6/43/121
35	718	Julian Wardman	Esk Valley Fell Club	89.08	M50/4/45/208
36	202	Penny Browell	Elvet Striders	89.46	F50/1/50/198
37	909	Barry Atkinson	York Knavesmire Ha	90.08	M60/1/50/100
38	757	Simon Bainbridge	British Triathlon Assc	90.14	M50/5/44/80
39	1115	Joe Blackett	Dark Peak FR	90.30	M60/2/48/148
40	804	Ian Beaver	Scarborough Athletic	91.18	M55/4/45/88
41	14	Georgia Campbell	Individual#	91.26	FO/3/46/185
42	660	Boyd Brad	Pickering Running Cl	91.52	M45/7/42/85
43	755	Chris Eggett	Northumberland Fell	94.12	M50/6/43/78
44	728	Giles Hawking	York Knavesmire Ha	94.28	M50/7/42/128
45	640	Kieron Niven	York Knavesmire Ha	94.31	M45/8/41/70
46	49	Sarah Hornby	Dark Peak FR	94.36	FO/4/45/45
47	319	Adam Malcolm	Esk Valley Fell Club	94.57	MO/16/33/127
48	104	Kimberley Cavill	Pickering Running Cl	95.09	F40/3/46/90*
49	658	Mick Monkman	Individual#	95.28	M45/9/40/80
50	1137	David Stainthorpe	Snaith and Colwick	95.50	M50/8/41/74
51	628	Robert Allinson	Redcar Running Clut	96.17	M45/10/39/145
52	717	Alan Simpson	Thirsk & Sowerby Ha	96.27	M50/9/40/146
53	397	Nigel Copland	Swaledale Runners	96.46	MO/17/32/32
54	810	Paul Havis	Individual#	97.06	M55/5/44/208
55	926	Matt Rylatt	York Triathlon	97.10	M60/3/46/46

56	390	Matthew Clark	Esk Valley Fell Club	97.12	MU23/1/50/98
57	553	Richard Brooks	Low Fell Running Cl	97.32	M40/4/45/45
58	554	Andrew Curran	Individual#	97.45	M40/5/44/44
59	996	Chris Harle	Individual#	97.53	M65/1/50/50
60	222	Karen Snaith	South Shields Harrier	97.57	F50/2/48/94
61	211	Trudy Morrice	Thirsk & Sowerby Ha	98.06	F50/3/46/238
62	16	Kirsty Struthers	North York Moors AC	98.43	FO/5/44/132
63	952	Neil Rip Ridsdale	Esk Valley Fell Club	99.04	M65/2/48/198
64	904	Nigel Briggs	North York Moors AC	99.29	M60/4/45/137*
65	507	Graham Gill	York Knavesmire Ha	99.36	M40/6/43/185
66	7	Kim Wilkinson	Thirsk & Sowerby Ha	99.37	FO/6/43/83
67	372	Jordan Morris	Esk Valley Fell Club	99.47	MO/18/31/32
68	733	Dan Rhodes	Durham Fell Runners	99.55	M50/10/39/73
69	328	Paul Simpson	Pickering Running Cl	100.00	MO/19/30/76
70	764	Jim Caldwell	Swaledale Runners	100.58	M50/11/38/38
71	1130	Michael Keavney	Swaledale Runners	103.07	M55/6/43/126
72	101	Bronwyn Mayo	Thirsk & Sowerby Ha	103.10	F40/4/45/88
73	725	Gavin Coventry	Thirsk & Sowerby Ha	103.16	M50/12/37/97
74	291	Sue Haslam	Scarborough Athletic	103.49	F65/1/50/150
75	641	Jamie Taylor	North York Moors AC	103.56	M45/11/38/88
76	663	Thomas Atkinson	Hambleton Athletics	104.11	M45/12/37/37
77	763	Andrew Templeman	Individual#	104.16	M50/13/36/36
78	17	Maria Clemmit	North York Moors AC	104.23	FO/7/42/125
79	46	Georgina McDonald	North York Moors AC	104.55	FO/8/41/82
80	801	Gary Talbot	Esk Valley Fell Club	105.26	M55/7/42/162*
81	113	Jess Evans	St Theresa's AC	105.45	F40/5/44/135
82	922	Paul Doxford	South Shields Harrier	105.49	M60/5/44/89
83	110	Sarah Walch	Penistone Footpath F	105.53	F40/6/43/136
84	963	Roger Laycock	Settle Harriers	106.20	M65/3/46/92
85	284	Janet Cordingley	Individual#	106.34	F60/1/50/150
86	1497	Rebecca Barnett	Swaledale Runners	106.49	FO/9/40/123
87	48	Meghan McCarthy	Durham Fell Runners	106.54	FO/10/39/39
88	259	Karen Farmer-Scott	Pickering Running Cl	107.02	F55/1/50/144*
89	18	Aimee Jones	Swaledale Runners	107.10	FO/11/38/75
90	766	Richard Johnson	Pickering Running Cl	107.36	M50/14/35/35*
91	555	Chris Jones	Individual#	108.24	M40/7/42/42
92	730	Neil Mayfield	Individual#	108.27	M50/15/34/65
93	720	Richard Clark	Esk Valley Fell Club	108.44	M50/16/33/126
94	908	Paul Smith	Pickering Running Cl	108.49	M60/6/43/86
95	667	Paul Howe	Individual#	110.24	M45/13/36/36
96	201	Steph Lishman	Esk Valley Fell Club	110.35	F50/4/45/171
97	759	Mark Smith	Individual#	111.57	M50/17/32/64
98	955	Andrew Johnson	York Knavesmire Ha	112.10	M65/4/45/177*
99	52	Abi Tarran-Jones	Individual#	112.40	FO/12/37/37
100	958	Trevor Symonds	Northern Fells Runni	113.03	M65/5/44/133
101	251	Helen Ashworth	Thirsk & Sowerby Ha	114.37	F55/2/48/234
102	915	Nicholas Cousins	Pickering Running Cl	115.04	M60/7/42/87*
103	102	Kirsty Naylor	Thirsk & Sowerby Ha	116.51	F40/7/42/170
104	154	Serena Partridge	Pickering Running Cl	116.52	F45/1/50/141*
105	277	Judith Seaton	Individual#	117.00	F60/2/48/184
106	208	Lucy Siggers	Pickering Running Cl	117.01	F50/5/44/164
107	551	John Beamson	Individual#	120.47	M40/8/41/41
108	8	Jessica Jackson	Esk Valley Fell Club	121.21	FO/13/36/183
109	928	Dougie Nisbet	Durham Fell Runners	121.36	M60/8/41/41
110	552	Michael Craddock	Individual#	122.09	M40/9/40/40
111	258	Denise Tunstall	Durham Fell Runners	123.30	F55/3/46/134
112	130	Helen Clark	Individual#	127.57	F40/8/41/41
113	997	Mick Fowler	Matlock AC	128.17	M65/6/43/43
114	912	Colin Valentine	Keswick AC	128.24	M60/9/40/82

115	47	Emma Pearson	Individual#	129.06	FO/14/35/35
116	1381	Jenny Wilkie	North York Moors AC	129.07	F45/2/48/130
117	906	Ian Robinson	Esk Valley Fell Club	133.37	M60/10/39/155
118	169	Lucy Sillars	Thirsk & Sowerby Ha	133.54	F45/3/46/46
119	150	Alice Hayter	Pickering Running Cl	135.18	F45/4/45/126*
120	252	Nicola Thorpe	Individual#	135.18	F55/4/45/133*
121	132	Julia Ansbro	Stockton Striders AC	135.29	F40/9/40/40
122	1110	Paul Cutler	Individual#	135.36	M60/11/38/72
123	715	Vaughn Davies	Individual#	149.28	M50/18/31/113
124	217	Helen Poulsen	Esk Valley Fell Club	150.07	F50/6/43/118

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Durham Fell Runners 'A'	21	1,2,7,11	15/15
	2 Scarborough Athletic Clu	44	9,10,12,13	14/50
	3 York Knavesmire Harrier	111	18,23,32,38	13/43
	4 Pickering Running Club '	124	15,16,36,57	12/48
	5 Durham Fell Runners 'B'	131	20,25,30,56	11/11
	6 Esk Valley Fell Club 'A'	140	21,31,40,48	10/62
	7 Swaledale Runners 'A'	168	6,45,58,59	9/17
	8 Esk Valley Fell Club 'B'	241	52,55,64,70	8/38
female:	1 Thirsk & Sowerby Harrier	35	10,12,13	15/71
	2 North York Moors AC 'A	42	11,15,16	14/49
	3 Pickering Running Club	58	8,22,28	13/65
	4 Scarborough Athletic Clu	59	4,14,(41)	12/44
	5 Swaledale Runners 'A'	84	20,23,(41)	11/35
	6 Thirsk & Sowerby Harrier	89	26,27,36	10/31
	7 Durham Fell Runners 'A	94	21,32,(41)	9/9
	8 Esk Valley Fell Club 'A'	95	24,31,40	8/32
	9 Pickering Running Club	108	30,37,(41)	7/24

* = Bonus points not included

= Non-counter (team)

Comments:

It was a busy day for off road racing with the local Cross Country league and Hardmoors Series both holding events. As it was 124 runners toed the line for the second running of the Cod Beck Canter Fell Race, organised by David Bannister of York Acorn. And race five in the Dave Parry Lets Run Winter Fell Race Series 2023/24.

It was the turn of Durham Fell Runners to turn up en-masse as the race included in their club championships, they also made it very straightforward for the scorers to determine the winning mens team, placing four finishers in the first 13. Chris Albrough (Senior) Durham Fell Runners broke the finish tape in a time of 72 minutes 53 seconds nearly a minute ahead of club mate Rory Woods. Edward Fenning (Senior) Easingwold Running Club ensured local honour was maintained placing third. Joe Addison seventh and Hamish Carrick thirteenth made up the remainder of the winning team. Tim Grimwood Swaledale Runners maintained his good form placing first veteran.

In the womens race, Emily Cowper-Coles (Senior) Oswestry holidaying locally checked the fell race calendar only to find it was a race weekend and claimed a win in a time of 77 minutes 23 seconds. In a rare defeat Catherine Williamson (F40) Loftus and Whitby claimed second with Becky Penty (Senior) York Knavesmire Harriers in third. Thirsk and

Sowerby Harriers were the first female team home closely followed by North York Moors with Trudy Morrice, Kim Wilkinson and Bronwyn Mayo the team members. Thanks to The Blue Bell Public House and the Joiners Shop Cafe, both well worth a return visit combined with a run. A big hand to our volunteers from the GoodGym and the fell community, Michal Czekajlo, Lucy Knight, Andy Goddard, Laura Bennett, Sam Leadley and Alison Lloyd.

Next event is race six Eskdale Eureka on Sunday 18th February 2024, this replaces the schedule Maybeck Three Crosses and is supported by Cleveland Mountain Rescue Team.

Clive Thornton
Esk Valley Fell Club

Next Race : Eskdale Eureka

18-Feb-24