

**Commondale Clart****14-Jan-24****Dave Parry/Lets Run Winter Series 2023-24****Race 4**

v2

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	1006	Lewis Buckworth	Leeds Triathlon Cent	37.46	MU23/1/50/95
2	301	Oliver Shaw	Loftus & Whitby AC	37.57	MO/1/50/143
3	518	Tim Grimwood	Swaledale Runners	40.18	M40/1/50/150
4	324	Paul Lawton	Scarborough Athletic	40.53	MO/2/48/122
5	388	Andrew Armin	Saltwell Harriers	40.54	MO/3/46/46
6	394	Joe Stringer	Northumberland Fell	41.12	MO/4/45/45
7	513	Darren Smith	Billingham Running C	41.48	M40/2/48/91
8	724	Adrian Bushby	City of Hull AC	41.51	M50/1/50/150
9	734	Dave Smith	Pickering Running Cl	41.57	M50/2/48/77
10	318	Robert Preston	Scarborough Athletic	42.13	MO/5/44/107
11	613	Andy Goddard	York Acorn Running	42.18	M45/1/50/187
12	342	Aaron Keys	Middlesbrough & Cle	42.18	MO/6/43/98
13	652	Jeremy Pearson	Individual#	42.19	M45/2/48/85
14	707	Matthew Hayes	East Hull Harriers AC	42.29	M50/3/46/92
15	710	Brendan Anglim	Easingwold Running	43.05	M50/4/45/180
16	614	Michael Richmond	Pickering Running Cl	43.13	M45/3/46/175
17	735	Stephen Pugh	Esk Valley Fell Club	43.15	M50/5/44/92*
18	304	Jack Close	Red Hot RC	43.58	MO/7/42/101
19	825	Paul Peacock	Thirsk & Sowerby Ha	44.00	M55/1/50/100
20	833	Martin Hibbert	Individual#	44.14	M55/2/48/48
21	333	Glyn Smith	Billingham Running C	44.23	MO/8/41/91
22	760	Steve Sanders	Penistone Footpath F	44.31	M50/6/43/43
23	830	Rob Williamson	Loftus & Whitby AC	44.35	M55/3/46/46
24	728	Giles Hawking	York Knavesmire Ha	44.42	M50/7/42/86
25	718	Julian Wardman	Esk Valley Fell Club	44.52	M50/8/41/163
26	723	Matt Machouki	Scarborough Athletic	44.52	M50/9/40/134
27	6	Kelly Richmond	Pickering Running Cl	44.54	FO/1/50/192
28	811	Jim Rogers	City of Hull AC	45.12	M55/4/45/187
29	701	Russ Grayson	Pickering Running Cl	45.39	M50/10/39/77*
30	708	Calvin Nicholson	Billingham Running C	45.41	M50/11/38/170
31	387	Joshua Cooper	Thirsk & Sowerby Ha	45.47	MO/9/40/40
32	118	Kay Neesam	New Marske Harriers	45.59	F55/1/50/100
33	832	Tim Hill	Esk Valley Fell Club	46.17	M55/5/44/44
34	629	Reiner Hesse	Individual#	46.22	M45/4/45/78
35	657	Martin Vasey	Middlesbrough & Cle	46.27	M45/5/44/44
36	756	Dez Fielden	Durham Fell Runners	46.42	M50/12/37/37
37	660	Boyd Brad	Pickering Running Cl	46.46	M45/6/43/43
38	615	Michael Quinn	Esk Valley Fell Club	47.14	M45/7/42/124*
39	757	Simon Bainbridge	Individual#	47.23	M50/13/36/36
40	1115	Joe Blackett	Dark Peak FR	48.19	M60/1/50/100
41	393	Tom Shelton	Denby Dale	48.40	MO/10/39/39
42	925	David Allison	North York Moors AC	48.45	M60/2/48/48
43	319	Adam Malcolm	Esk Valley Fell Club	49.07	MO/11/38/94
44	755	Chris Eggett	Northumberland Fell	49.09	M50/14/35/35
45	14	Georgia Campbell	Individual#	49.14	FO/2/48/139
46	619	Matthew Harrison	Individual#	49.15	M45/8/41/82
47	700	Gary Wilkinson	Harrogate Harriers &	49.17	M50/15/34/70
48	202	Penny Browell	Elvet Striders	49.22	F50/1/50/148
49	658	Mick Monkman	Individual#	49.31	M45/9/40/40
50	620	Richard Veitch	Esk Valley Fell Club	49.42	M45/10/39/77
51	650	Phil Baines	Esk Valley Fell Club	49.50	M45/11/38/61
52	625	Paul Chapman	Thirsk & Sowerby Ha	49.53	M45/12/37/96
53	974	Geoff Davis	Northumberland Fell	49.57	M65/1/50/50
54	390	Matthew Clark	Esk Valley Fell Club	50.05	MU23/2/48/48
55	804	Ian Beaver	Scarborough Athletic	50.29	M55/6/43/43

56	316	Robert Bailey	Scarborough Athletic	50.37	MO/12/37/83
57	607	Ed Snow	York Acorn Running	50.53	M45/13/36/71
58	628	Robert Allinson	Redcar Running Clu	51.04	M45/14/35/106
59	1130	Michael Keavney	Swaledale Runners	51.38	M55/7/42/83
60	211	Trudy Morrice	Thirsk & Sowerby Ha	51.44	F50/2/48/192
61	902	Nick Andralojc	Nidd Valley Road Ru	51.48	M60/3/46/89
62	831	Malcolm Hodgson	Individual#	51.49	M55/8/41/41
63	749	Mathew Driscoll	York Acorn Running	51.51	M50/16/33/68
64	507	Graham Gill	York Knavesmire Ha	52.14	M40/3/46/142
65	550	Ross Robertson	Northumberland Fell	52.21	M40/4/45/45
66	971	Barry Edwards	Individual#	52.23	M65/2/48/48
67	12	Cassie Read	York Knavesmire Ha	52.25	FO/3/46/90
68	655	Dominic Martin	Saltwell Harriers	52.31	M45/15/34/34
69	759	Mark Smith	Individual#	52.45	M50/17/32/32
70	803	Bryan Drew	York Knavesmire Ha	52.49	M55/9/40/122
71	16	Kirsty Struthers	North York Moors AC	52.56	FO/4/45/88
72	720	Richard Clark	Esk Valley Fell Club	53.19	M50/18/31/93
73	662	Andy Martin	Individual#	53.20	M45/16/33/33
74	725	Gavin Coventry	Thirsk & Sowerby Ha	53.28	M50/19/30/60
75	807	Thomas Reeves	Elvet Striders	53.37	M55/10/39/116
76	714	Richard Crone	East Hull Harriers AC	53.47	M50/20/29/91
77	950	Andrew Robertson	Scarborough Athletic	53.53	M65/3/46/91
78	396	Paul Parker	Individual#	54.09	MO/13/36/36
79	1497	Rebecca Barnett	Swaledale Runners	54.11	FO/5/44/83
80	656	Ross Peckham	Individual#	54.13	M45/17/32/32
81	709	Robert Grainger	Scarborough Athletic	54.19	M50/21/28/94
82	810	Paul Havis	Individual#	54.25	M55/11/38/164
83	395	Jack Eshelby	Individual#	54.32	MO/14/35/35
84	1	Laura Havis	Middlesbrough Athlet	54.33	FU23/1/50/146
85	703	John O'Boyle	Individual#	54.33	M50/22/27/80
86	45	Emma Burke	Individual#	54.38	FO/6/43/43
87	641	Jamie Taylor	North York Moors AC	54.40	M45/18/31/50
88	999	Neil Scruton	Scarborough Athletic	54.40	M75/1/50/150
89	17	Maria Clemmit	North York Moors AC	54.41	FO/7/42/83
90	747	Shaun Dodd	Aycliffe Running Clu	54.43	M50/23/26/49
91	1129	Harry Dowdell	Craven Energy Triatr	55.31	M65/4/45/89
92	259	Karen Farmer-Scott	Pickering Running Cl	55.46	F55/2/48/94*
93	225	Nicola Mellor	Individual#	56.03	F50/3/46/46
94	659	Steve Gilbert	Individual#	56.20	M45/19/30/30
95	284	Janet Cordingley	Individual#	56.34	F60/1/50/100
96	801	Gary Talbot	Esk Valley Fell Club	56.45	M55/12/37/120*
97	973	Peter Butler	Swaledale Runners	56.57	M65/5/44/44
98	291	Sue Haslam	Scarborough Athletic	57.08	F65/1/50/100
99	534	Dave Scaife	Individual#	57.09	M40/5/44/62
100	46	Georgina McDonald	North York Moors AC	57.10	FO/8/41/41
101	285	Caroline Glover	Wharfedale Harriers	58.04	F60/2/48/96
102	827	Miles Sharp	Esk Valley Fell Club	58.05	M55/13/36/36
103	661	Simon Hewitt	Swaledale Runners	58.05	M45/20/29/29
104	201	Steph Lishman	Individual#	58.11	F50/4/45/126
105	8	Jessica Jackson	Esk Valley Fell Club	58.16	FO/9/40/147
106	41	Anna Proll	North York Moors AC	58.20	FU23/2/48/48
107	753	Mark Estienne	York Acorn Running	58.36	M50/24/25/40
108	391	Thomas Crofts	Individual#	58.39	MO/15/34/34
109	828	Michael Holtby	Individual#	58.56	M55/14/35/35
110	829	Ian Brown	Individual#	58.57	M55/15/34/34
111	251	Helen Ashworth	Thirsk & Sowerby Ha	59.11	F55/3/46/186
112	287	Susan Davis	Northumberland Fell	59.47	F60/3/46/46
113	648	Duncan Fothergill	Thirsk & Sowerby Ha	60.02	M45/21/28/42
114	954	Stephen Haley	Individual#	60.14	M65/6/43/167

115	102	Kirsty Naylor	Thirsk & Sowerby Ha	60.17	F40/1/50/128
116	1126	Jerry Barnes	Vegan Runners	60.42	M60/4/45/83
117	953	Richard Parkin	Beverley Athletic Clu	61.21	M65/7/42/128
118	998	Paul Lyon	North York Moors AC	61.43	M65/8/41/41
119	43	Maysoon Mehdi	Wetherby Runners A	61.54	FO/10/39/39
120	208	Lucy Saggars	Pickering Running Cl	62.07	F50/5/44/120
121	1139	Geoffrey Usher	Individual#	62.14	M70/1/50/98
122	277	Judith Seaton	Individual#	62.15	F60/4/45/136
123	258	Denise Tunstall	Durham Fell Runners	62.43	F55/4/45/88
124	275	Jayne Graves	Scarborough Athletic	62.52	F60/5/44/90
125	252	Nicola Thorpe	Individual#	63.28	F55/5/44/88*
126	38	Sarah Roe	Billingham Running C	65.13	FO/11/38/38
127	392	Tom Cannon	Individual#	65.14	MO/16/33/33
128	911	Stewart Mechie	Fell Runners Associæ	65.20	M60/5/44/131
129	286	Helen Nicholson	Swaledale Runners	65.23	F60/6/43/43
130	834	Simon Garside	Rothwell Harriers & F	65.24	M55/16/33/33
131	716	Peter Murray	York Acorn Running	65.24	M50/25/24/64
132	266	Hilary Allan	Individual#	65.26	F55/6/43/87
133	970	Kevin Walker	Individual#	65.32	M65/9/40/40
134	758	Kriston Wright	Individual#	65.33	M50/26/23/23
135	219	Kirstie Handley	Individual#	65.42	F50/6/43/79
136	278	Alison Lloyd	North York Moors AC	65.46	F60/7/42/179
137	290	Christine Robertson	Scarborough Athletic	66.11	F65/2/48/96
138	168	Jennifer Proll	North York Moors AC	66.13	F45/1/50/50
139	906	Ian Robinson	Esk Valley Fell Club	66.51	M60/6/43/116
140	261	Gillian Havis	Individual#	67.02	F55/7/42/88
141	267	Julie Clayton	Scarborough Athletic	67.53	F55/8/41/41*
142	1124	Jon Brough	New Marske Harriers	68.02	M40/6/43/58
143	905	Dan Simmons	Wetherby Runners A	69.37	M60/7/42/113
144	44	Laura Bennett	York Acorn Running	70.05	FO/12/37/37
145	956	Mike Punchard	Pickering Running Cl	70.18	M65/10/39/79
146	972	Martin White	New Marske Harriers	70.57	M65/11/38/38
147	260	Ronni Kirkham	Esk Valley Fell Club	71.28	F55/9/40/82
148	42	Leah Wynne Jones	Individual#	71.31	FO/13/36/36
149	951	Geoff Hine	Esk Valley Fell Club	73.19	M65/12/37/111
150	295	Sally Brown	Pickering Running Cl	74.23	F65/3/46/46*
151	1381	Jenny Wilkie	North York Moors AC	74.31	F45/2/48/82
152	35	Fiona Roe	Billingham Running C	74.37	FO/14/35/58
153	715	Vaughn Davies	Individual#	74.53	M50/27/22/82
154	268	Sara Armitage	Thirsk & Sowerby Ha	75.00	F55/10/39/39
155	217	Helen Poulsen	Esk Valley Fell Club	75.30	F50/7/42/75
156	1486	Becky Weeks	Individual#	76.00	FO/15/34/58

(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 Pickering Running Club '	88	9,16,28,35	15/36
	2 Scarborough Athletic Clu	91	4,10,26,51	14/36
	3 Esk Valley Fell Club 'A'	109	17,25,31,36	13/52
	4 Northumberland Fell Rur	157	6,42,49,60	12/12
	5 Thirsk & Sowerby Harrier	164	19,30,48,67	11/42
	6 Esk Valley Fell Club 'B'	184	41,46,47,50	10/30
	7 York Acorn Running Clu	209	11,53,58,87	9/42
	8 Swaledale Runners 'A'	227	3,55,83,86	8/8
	9 Scarborough Athletic Clu	273	52,70,73,78	7/13
	10 Esk Valley Fell Club 'C'	335	65,82,85,103	6/10

<b>female:</b>	1	North York Moors AC 'A	34	7,11,16	15/35
	2	Pickering Running Club	38	1,12,25	14/52
	3	Thirsk & Sowerby Harrier	49	5,21,23	13/56
	4	Scarborough Athletic Clu	78	15,28,35	12/32
	5	Swaledale Runners 'A'	87	8,31,(48)	11/24
	6	North York Moors AC 'B	90	20,34,36	10/12
	7	Esk Valley Fell Club 'A'	105	19,40,46	9/24
	8	Billingham Running Club	122	30,44,(48)	8/9

\* = Bonus points not included

# = Non-counter (team)

#### Corrections:

19/02/2024 No.700 club change

#### Comments:

It was another terrific day for fell racing, a chill in the air, with blue skies and sunshine. The Clart was a mixed bag underfoot with a pre-race report from organiser David Bannister indicating a range of dry to wet and most shades inbetween. Commondale Clart again proved popular with 156 runners starting and finishing the event, the new year period is a traditionally busy time of year with cross country leagues in full swing and a mix of trail and road races all popular as runners blow away the festive excesses.

In the tale of the tape it was under 23 runner from Leeds Triathlon, Lewis Buckworth who led home from Oliver Shaw Loftus and Whitby and first veteran home Tim Grimwood Swaledale Runners in third.

The women race was won by Kelly Richmond of Pickering Running Club who beat Kay Neesam (V55) New Marske Harriers second and then Georgia Campbell Individual in third.

In the teams competition it North Yorkshire Moors AC women and Pickering RC men who claimed the spoils.

Thank you to the helpers on the day, Goodgym provided marshals aided by Nigel Briggs, Andrew Johnson and Stephen McDougall.

Next event is race five the Cod Beck Canter on Sunday 4th February 2024.

**Next Race :** Codbeck Canter

04-Feb-24