

Cock Howe and Beyond

Dave Parry/Lets Run Summer Series 2022

20-Jul-22
Race 5

Pos.	No.	Name	Club	time	cat/pos/pts/Best
1	520	Daniel Bateson	Scarborough AC	43.03	M40/1/50/100
2	302	Sam Leadley	Loftus and Whitby	44.58	MO/1/50/191
3	15	Caroline Lambert	Middlesbrough AC (F	45.50	FO/1/50/50
4	323	Rorie McIntosh	Esk Valley Fell Club	46.35	MO/2/48/133
5	331	Adam Thacker	Loftus and Whitby	46.37	MO/3/46/94
6	705	Dave Smith	Pickering Running C	47.08	M50/1/50/200
7	100	Catherine Williamson	Loftus and Whitby	47.44	F40/1/50/200
8	326	Matthew Tune	East Hull Harriers	48.10	MO/4/45/89
9	300	Phil Smith	Pickering Running C	49.18	MO/5/44/174
10	707	Stephen Pugh	Esk Valley Fell Club	49.20	M50/2/48/138*
11	343	Aaron Keys	Middlesbrough and C	49.41	MO/6/43/77
12	803	Kevin McLoughlin	NYMAC	49.47	M55/1/50/138
13	602	Giles Hawking	York Knavesmire Ha	49.52	M45/1/50/146*
14	338	Robert Preston	Scarborough AC	49.56	MO/7/42/79
15	501	Paul Cook	Esk Valley Fell Club	50.00	M40/2/48/144
16	805	Rob Williamson	Loftus and Whitby	50.21	M55/2/48/192
17	105	Rhona Marshall	Scarborough AC	50.32	F40/2/48/146
18	345	Nicholas Rowley	Individual#	50.53	MO/8/41/41
19	619	Matthew Kiddle	York Acorn Running	51.07	M45/2/48/48
20	808	David Hughes	NYMAC	51.09	M55/3/46/188
21	523	Tim Grimwood	Swaledale Runners	52.07	M40/3/46/46
22	719	Nick Smith	NYMAC	52.11	M50/3/46/136
23	601	Chris Jefferies	Billingham Marsh Hc	52.14	M45/3/46/186
24	333	Duncan Allen	Individual#	53.03	MO/9/40/83
25	712	David Bannister	York Acorn Running	53.38	M50/4/45/135*
26	703	Calvin Nicholson	Billingham Marsh Hc	53.40	M50/5/44/174
27	510	Tim Higgins	Individual#	53.57	M40/4/45/134
28	904	Nigel Briggs	NYMAC	54.09	M60/1/50/190
29	800	Joe Blackett	Dark Peak Fell Runn	54.22	M55/4/45/180
30	806	David Allison	NYMAC	54.46	M55/5/44/176
31	505	Robert Allinson	Redcar Running Clu	55.46	M40/5/44/175
32	804	Paul Havis	Individual#	56.26	M55/6/43/126
33	607	Matthew Dunn	Pickering Running C	56.59	M45/4/45/133
34	14	Jessica Slater	York Knavesmire Ha	57.00	FO/2/48/48*
35	525	Michael Czeligbo	York Acorn Running	57.31	M40/6/43/43
36	621	Tom Grady	Individual#	59.02	M45/5/44/44
37	524	Nicholas Chamberlain	Individual#	59.03	M40/7/42/42
38	618	Mark Smith	Durham Fell Runner:	59.09	M45/6/43/43
39	817	Ian Smallwood	York Acorn Running	59.26	M55/7/42/42
40	912	Anthony Harnett	NYMAC	59.50	M60/2/48/136
41	731	Alan Simpson	Thirsk and Sowerby	60.07	M50/6/43/43
42	802	Marc Davies	Thirsk and Sowerby	60.24	M55/8/41/122
43	812	Andy Harvey	Pickering Running C	60.35	M55/9/40/85
44	317	Daniel Green	Esk Valley Fell Club	60.56	MO/10/39/112
45	999	Neil Scruton	Scarborough AC	63.06	M75/1/50/200
46	905	Stephen Haley	Individual#	63.29	M60/3/46/135
47	277	Caroline Glover	Wharfedale Harriers	63.31	F60/1/50/100
48	309	Gary Calvert	Individual#	63.57	MO/11/38/72
49	279	Sue Haslam	Scarborough AC	64.08	F65/1/50/100
50	718	Lee Shepherd	Individual#	64.56	M50/7/42/121
51	256	Helen Ashworth	Thirsk and Sowerby	65.32	F55/1/50/50
52	900	Mark Edwards	NYMAC	65.40	M60/4/45/174
53	720	Gary Talbot	Esk Valley Fell Club	66.18	M50/8/41/159
54	732	David Ternit	Thirsk and Sowerby	66.20	M50/9/40/40
55	108	Francesca Jeffery	Thirsk and Sowerby	66.46	F40/3/46/46

56	815	Paul Haydon	FRA	66.55	M55/10/39/79
57	109	Helen Spring	York Acorn Running	67.56	F40/4/45/45
58	717	Peter Murray	York Acorn Running	69.10	M50/10/39/116
59	818	Martin Hughes	Individual#	69.21	M55/11/38/38
60	150	Stephanie Lishman	Individual#	69.25	F45/1/50/200
61	110	Rosie Gatenby	Thirsk and Sowerby	71.13	F40/5/44/44
62	207	Diane Jobson	NYMAC	71.43	F50/1/50/98
63	620	Duncan Fothergill	Thirsk and Sowerby	72.25	M45/7/42/42
64	151	Serena Partridge	Pickering Running C	73.32	F45/2/48/194
65	955	Mike Punchard	Pickering Running C	75.02	M65/1/50/50
66	250	Ronni Kirkham	Esk Valley Fell Club	78.46	F55/2/48/189
67	715	Russ Kelly	Redcar Running Clu	80.16	M50/11/38/149
68	725	Vaughan Davies	Aycliffe Running Clu	83.31	M50/12/37/74
69	975	Michael Hetherton	Pickering Running C	85.49	M75/2/48/96

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Esk Valley Fell Club 'A'	64	3,8,13,40	15/68
	2 NYMAC 'A'	71	10,17,19,25	14/65
	3 Pickering Running Club	81	5,7,30,39	13/54
	4 York Acorn Running Clu	104	16,22,31,35	12/12
	5 Thirsk and Sowerby Har	173	37,38,47,51	11/25
female:	1 Scarborough AC 'A'	24	3,6,(15)	15/74
	2 Thirsk and Sowerby Har	26	7,8,11	14/14

* = Bonus points not included

= Non-counter (team)

Comments:

The mini heatwave had subsided just in time to be replaced by a fresh breeze, blue and grey skies and even a hint of rain, a good evening for fell racing. A new organiser to the series Andy Chapman Gibbs of York Knavesmire Harriers supported by numerous volunteers from the club, decided to revive the Cock Howe and Beyond fell race last run in 2015. On that day it was York Knavesmire who triumphed in the team competition and best placed of this years runners was Stephen Pugh in 11th compared to 10th in 2015 and Sue Haslam in 5th compared to 6th then.

The race opened as is tradition with a lap of the car park to stretch out the field before they head off up towards the Cock Howe cairn.

It was Dan Bateson of Scarborough AC who led out the field fresh from his cracking second place at the weekends Kentmere Horseshoe fell race. In close order were Rorie McIntosh Esk Valley and Sam Leadley Loftus and Whitby.

In the womens race, Cath Williamson Loftus and Whitby gained an early lead over a returning Caroline Lambert Middlesbrough AC (Mandale).The opening 2 kilometres gains 240 metres in height and takes runners to the Cock Howe cairn, then follows an undulating loop of the moor top and then a descent of the main race climb. The moor top bracken now in full bloom meant runners puzzled as they tried to find the best line trods which are obvious in the winter and spring.

As the race developed Caroline worked her way through the field to claim the womens race and third overall, Dan held his lead with even time to showboat on the descent with a Morecambe and Wise heal click. Sam claimed second with Rorie fourth. Cath was second women and first veteran, Dave Smith Pickering was first v50 and 6th place.

In the team competition it was Esk Valley Fell Club men, with Rorie supported by

Stephen Pugh, Paul Cook and Daniel Green. Scarborough ACT with the benefit of a ghost runner led home with mother and daughter duo Sue Haslam and Rhona Marshall, just winning out over Thirsk and Sowerby Harriers by a single point. Well done to all the 69 starters and finishers and thanks again to York Knavesmire Harriers.

Next two events are Osmotherley Show on Saturday 6th August and Thursday 11th August with Ravenscar Rumble Revisited.

Clive Thornton
Esk Valley Fell Club

Next Race : Osmotherley Show

06-Aug-22